



# Southie Scoop

POSITIVE EDUCATION SCHOOL

Friday 22nd March, 2024

“Mildura South Primary School acknowledges the traditional custodians of the land as we choose to bring our best selves to school and love the work that we do”

## Dates for your diary

### Term 1

30th January – 28th March, 2024

### March

27th Festa Della Italiana e Specialiste – 5:30 – 7:00

28th Last Day of Term 1  
2:15–2.30pm FINISH TIME

### Term 2

15 April – 28 June, 2024

### April

14th Last day to order family photos (before 4:30pm)

15th First Day of Term 2  
School Photo Day

24th School ANZAC Day Service

25th ANZAC Day Holiday  
–No School



Mildura South PS



(03) 5023 2148



[msps.vic.edu.au](http://msps.vic.edu.au)



593 Deakin Ave, Mildura



# Principal's News

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## School Photos - CHANGE OF DATE

We are changing the school photo day to **Monday April 15.**

This is the first day of Term 2.

Thank you for your understanding in this matter.

## ONLINE BOOKING



Your school has decided school photos will only be available to order online this year.

Choose your own **FREE** background



### The benefits of being online...

- No need for envelopes to be returned to the school office
- No cash on school grounds or children's bags
- Easy order tracking and record keeping
- 18 different backgrounds to choose from - no additional cost

[www.leadingimage.com.au](http://www.leadingimage.com.au)

## Mildura South Primary School

Access Key

**Q6C3XN79**



INDIVIDUAL & FAMILY PHOTOS CAN BE ORDERED WITH THE SAME ACCESS KEY

To order your school photos:

- 1 Go to [www.leadingimage.com.au](http://www.leadingimage.com.au)
- 2 Click on Order Your School Photos
- 3 Enter your Access Key



Family photographs must be ordered before 4.30pm the night before photo day. Please ensure your orders are placed before this time.

**Teamwork ● Respect ● Integrity ● Courage ● Kindness**



# Principal's News

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## **Last Day of Term 1 - THURSDAY 28TH MARCH**

Term 1 has been a wonderful experience of Positive Emotions and Achievement. As a way of celebrating, the students are invited to come to school in casual clothes, or their favourite sporting team colours or any other choice of clothing that represents their best self.

**Please be advised that Thursday 28th March school finishes early.**

**Prep to Grade 2 finish time is 2:15pm and Grade 3 to 6 finish time is 2:30pm. Thank you**

## **Aussie of the Month**

### **Brayden H**

Brayden continuously shows our school TRICK values. He uses their strength of Perseverance by seeking challenges in his learning and will find different ways to solve problems as well as getting help from his peers or teachers.

Brayden uses his strength of Integrity and Teamwork each and every day at school. He shows amazing sportsmanship by cheering on his peers during Sport and Huff and Puff. He uses initiative by offering to help others.



# Principal's News

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Brayden offers to help others in his classroom and outside on the soccer fields. He also supports teachers by offering to carry their things when their arms are full and helps set up lessons with them.

Brayden is a Grade 6 student who shows Leadership and Humility by doing tasks of a leader, such as setting up sports equipment for our Strengths lessons. He is a quiet achiever as he doesn't seek recognition for his kindness and efforts. He shows his strength of Humility by celebrating the success of others, happily sharing the successes of others, and will get help for his peers who are not so confident to get help.

## **Congratulations to our 2024 Junior School Council Members.**

The following students will be representing their peers as Junior School Council Members in 2024.

Last Monday they received their Leadership Badges at our School Assembly



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Class	Class Representative	Vice Representative
3/4H	Mariah K	Asher M
3/4I	Zayden C	Quinn D
3/4M	Lissy R	Cooper M
3/4R	Gemma W	Zoe McE
3/4T	Emily D	Kruze McV-M
3/4W	Rania M	Sanimer K
5/6C	Abbey F	Blake F
5/6H	Millie R	Jai H
5/6J	Vada M	Ruby C
5/6K	Mackenzie M-H	Holly P



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## **Festa della Italiana e Specialiste**

**Buongiorno a tutti!**

The Festa della Italiana e Specialiste is back again!!! This year we invite our Southie famiglie on **Wednesday 27th March (Mercoledì 27 Marzo) at 5:30pm - 7pm** to join our Specialiste teachers and staff. They will run fun, creative activities for you and your famiglia to join in and enjoy!

**There will be free sausages and gelati for all of us to enjoy together.**

Please mark this off in your family calendar as we really want to celebrate with you on this occasion.

A note will be sent home next week about the food that will be provided on the evening. Please return your note before the due date if you don't want to miss out.

Mangia! Mangia! Mangia!

See you there!

Ci vediamo :)

## **Celebrating Harmony Day**

Mildura South Primary School will be celebrating a Harmony Day perspective throughout Term 2.

This means students will have the opportunity to dress in their cultural colours on

**Friday the 19<sup>th</sup> April**, this will launch our Term 2 focus of:

***“Alone we are each unique, but together we are a masterpiece.”***



# Principal's News

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## School Review Parent and Carer Forum

On **Wednesday April 17 at 9am in the Staff room**, Parents are invited to meet with our School Reviewer Mr David Allibon. This is an important part of the School Review Process, where David will have the opportunity to ask our Families and Carers questions and seek to understand your perspective as member of the Mildura South Primary School Community.

I will be very grateful to anyone who makes the time to be present at this Forum. Your voice, thoughts and insights are an important part of our capacity to continue in providing the best learning environment and Education for our students.

## **School Hours**

Classroom doors open at **8.45am** for all year levels.

### Dismissal times:

Foundation - Grade 2 (along with siblings in Grades 3-6) **3.15pm**

Grades 3-6 **3.30pm**

Please continue to use the House Colour gates for entry and exit of school grounds:

Front Gate: **Mungo (Red) and Kulkyne (Yellow)**

Gate near the School Crossing: **Darling (Green)**

Albert Street Gate: **Murray (Blue)**

**If your child arrives after 9am, please go straight to the front office to sign in and ensure your child receives a late pass to take to their teacher. Thank you**



# Principal's News

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## **Easter Raffle**

Thank you to families and carers who are returning the Easter Raffle books. All books are due back by **Wednesday March 27th**.

## **School Uniform**

Thank you so much for the fantastic effort you have made ensuring that your children are in the appropriate school uniform. The uniforms assist in developing a sense of identity and pride in our school.

There are a number of students wearing very short skorts and sport shorts that are not an appropriate length for school. Please ensure that the school shorts and skorts that your child is wearing is appropriate for school. I am happy to support families with this by allowing green or black school shorts to be worn. Thank you for your support in this matter.

## **Black School Shoes**

Big W has kindly donated a range of black school shoes to our MSPS students. These shoes will be available to all families who come in, try them on and then take them home for free.

The shoes can be found in the lost property area outside of the PERMA room. Sizes range from little children's size 10 up to older students' size 2.

Time to access the shoes: 8.45-9.00am and 3.15-3.30pm. Please help yourself as no staff will be present.





# Principal's News

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## **Appointments to see the Teachers**

Teachers welcome open communication with all of our families. Positive Contacts will continue this year where you can expect to be contacted by your children's classroom teachers, celebrating successes.

We know that there are times when families need to speak to Teachers so that questions can be clarified, and concerns resolved. Before school is a busy time when Teachers are connecting with students and ensuring that everything is in place to begin the day calmly and successfully. In order for Teachers to give Parents the necessary time we ask that families make appointments with their Classroom Teacher.

## **Singing for fun, health and development!!**

Fiona Beyer is, again, offering singing lessons at the school this year, during school hours. Lessons are weekly, half hour sessions in the music room on a Tuesday morning.

Singing is a super fun and feel-good activity – it develops confidence - improves mood – builds friendships - soothes the nervous system - strengthens and clears airways - assists learning and brain function – and improves speech and memory - along with many other benefits.

Any interested family is encouraged to contact Fiona for more information -

**Ph: 0407 876 874**

**Email: [fionatassone@hotmail.com](mailto:fionatassone@hotmail.com)**



# Principal's News

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## **Parent Contributions**

Mildura South Primary School is looking forward to another great year of teaching and learning and would like to advise you of Mildura South's voluntary financial contributions for 2024.

Schools provide students with free instruction to fulfil the standard curriculum requirements and we want to assure you that all contributions are voluntary. Nevertheless, the ongoing support of our families ensures that our school can offer the best possible education and support for our students.

Within our school previous support has allowed us to update our texts and readers to reflect current interests and passions, supply materials and resources to develop our mathematical knowledge and problem-solving skills, purchase materials to support the creativity and exploration in our Arts and Science programs and ensure that all our students have access to equipment to develop into active healthy children.

We invite you to support our school by making a Curriculum Contribution so that we can continue to provide opportunities for all our students.

Please contact the office if you would like to make a contribution or need further information.

## **School Lunches**

The school is supported by Cowards Cake to supply lunches for students on Fridays. Orders are required to be submitted on the Flexischools App by 2pm the Thursday before the lunch order on Friday.



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## **Brain Food**

We would like to encourage the students to bring brain food to school to graze on throughout the day. We ask that this be healthy options as junk food does not assist with nutrition or concentration. Please clarify with your children's classroom teachers if you are not sure what to provide.

## **School Assembly**

Our School Assembly takes place each **Monday at 2.40pm** in the School Gym. The Grade 6 students will continue to lead the School Assembly each week. A link for our School Assembly will be posted on Compass each week for you to access if you are unable to attend.

## **Digital Newsletter**

The School Newsletter will continue to be distributed digitally on the school Compass, the School Website and Facebook sites. If you wish to receive a hard copy of the School Newsletter, please let your classroom teacher know.

## **Advertising on the School Newsletter**

The school newsletter going digital has opened up the opportunity for more families with a business to advertise. If you have a business and would like to investigate the option of advertising on the school newsletter, please ring our Business Manager Chris Callipari who will be happy to outline the details and clarify any questions you may have.



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## **Bus Route and Fares – CDC Mildura Bus Information**

For all bus route options please go to the website <https://cdcvictoria.com.au/services/school-services/> for all school bus routes and maps. Mildura for school routes for Victorian residents and Wentworth for school routes for NSW residents.

Mildura Bus have had a fare price rise with their 2024 bus fares as per below.

Ticket concession price

2hrs        \$1.40

Daily        \$2.80

Weekly \$13.10

You can purchase tickets upon boarding the bus. Please note that Mildura Buses are cash only and it is preferred to have change close to the ticket price.

Alternatively, Mildura Bus offer prepaid term passes that can be purchased from the Mildura Bus office in Bathurst Court. You will need to bring a small headshot of the child to go with the pass. If you email the photo, name of your children and the school they attend Mildura Bus can print the photo, create the pass and let you know when the pass is ready to collect save having to wait. These passes are based on the student concession prices; Prepaid options are no cheaper than purchasing tickets on the bus however, they are a more convenient options for parents.



# Principal's News

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**Term 1 (30/01/2024-28/01/2024): \$110.40**

**Term 2 (15/04/2024-28/06/2024): \$139.40**

**Term 3 (15/07/2024-20/09/2024): \$131.00**

**Term 4 (07/10/2024-20/12/2024): \$142.20**

**Yearly (All terms excl school holidays): \$523.00**

These passes can be used 7 days a week including weekends during the school term only, they cannot be used during the school holidays.

These passes can be used on any of the **CDC Mildura Victorian services**.

We accept payment by cash, cheque or eftpos.

If you choose this option and throughout the Term the child lose their pass, you will be required to come into our office and pay \$10.00 for a replacement card and another photo is required to make another pass.

If you require any assistance, please contact CDC Mildura on 5023 0274.



# Principal's News

## Are you a good listener?

living PERMA

**Rachel Samson**

The art of deep listening and why it matters to our children. “The most precious gift we can offer others is our presence. When mindfulness embraces those we love, they bloom like flowers.” —Thich Nhat Hanh

Most of us have had the experience of talking to someone who is listening, but not really listening—listening, but not deeply listening.

Deep listening is a sense of presence, inner stillness, openness, and mindful attention to what the other communicates in their body, speech, and silence. In parenting, deep listening helps us identify and respond sensitively to children’s needs.

Decades of evidence shows that attuned, sensitive, and emotionally available caregiving promotes children’s healthy development, secure attachment, and mental health. The founders of the Circle of Security program convey the feeling of listening deeply to one’s child in a simple phrase: “I am here, and you are worth it.” This is a powerful reminder to us as parents that our presence and attention can be instrumental in cultivating our child’s sense of self-worth and mental health. We have only to recall the last time that we felt truly listened to in order to conjure that same sense of worthiness. “Wow, my voice matters; I am someone worth listening to.”

Unfortunately, deep listening doesn’t come naturally to all of us. It may even seem counter-intuitive in our culture of quick fixes and endless



# Principal's News

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## Learning to Listen Deeply

So how do we practice the art of deep listening? Just as weight training helps us build and strengthen the muscles of our body, practicing deep listening builds and strengthens our capacity to listen. Every day we are presented with opportunities to practice being truly present with our families and connecting to their experience in a more powerful way. Here are some tips for building your deep listening “muscle”:

**Connect with yourself first.** One of the best ways to build our capacity to listen deeply to others is to practice slowing down, turning our attention inward, and being present with our own experience—with our own thoughts, emotions, and bodily sensations. In other words, by listening deeply to ourselves and connecting with our own experience, it becomes easier to do so for others.

**Make time.** Deep listening requires our time. It may be helpful to build regular, intentional time into your schedule to truly be present with your loved ones.

For couples, this could be a once-a-week check-in in which you give each other space to discuss what is on your mind and in your heart, with an emphasis on connection over criticism.

For parents, the walk or drive home from school and mealtimes may be good opportunities to check in with your child and simply be present for whatever comes up.

Build a routine that works for you and your loved ones, whatever that looks like. The important thing is that we make time.



# Principal's News

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**Minimize distractions** (and put down your phone!). Many of us have become master multi-taskers, splitting our attention between multiple tasks and flicking between tabs on our screens. Deep listening can't be just another tab open; it requires our full mind and heart show up. Even young children can tell when adults in their lives are distracted, and research shows that parents' increased distraction can take a toll on children's development.

Therefore, it is important to minimize distractions during the time we devote to deep listening. This may mean putting down our phones, turning off the TV, and shutting down the computer; it may mean going someplace away from the hustle and bustle of the office or home.

We don't have to sit in perfect stillness to listen deeply but limiting distractions can help create the conditions for our minds to settle and be fully present.

**Notice the urge to move away** (interrupt, fix, distract, move on) and choose to come back. Mindful listening is all about paying attention and noticing, and this includes noticing when tension, anxiety, or distraction arise.

Often, these signal a desire to move away from being with the person and towards doing—for example, interrupting, changing the topic, or trying to “fix” the problem.

When this tendency arises, simply notice it. Name it silently, “Ah! There's me trying to fix this,” and gently return to listening.





# Principal's News

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Be gentle with yourself. Many people didn't experience deep listening in their childhood and enter adulthood with a limited capacity for listening to and being with others' emotions.

We tend to fall back on the communication styles and habits that we experienced in our family of origin, even if these are unhelpful in our adult relationships.

Notice when these old tendencies are present and appreciate that it takes time to learn to communicate differently.

**Thankfully, deep listening does not require perfection; it requires awareness—and a willingness to practice coming back to those we love again and again.**

**Marie-Therese Milani**

**Principal**



# Principal's News

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## Uniform Stall

FREE

On the Italian night on Wednesday 27th March from 5:30-6:45pm, there will be a uniform stall outside of the PERMA Room. There will be school uniforms and black shoes to give away for FREE! Some are pre loved, some are new.. but everything is clean and freshly washed. Uniforms will be organised in to sizes on tables for ease and range from size 4 up to size 16. We encourage all of families to come along and take whatever they need.



Teamwork ● Respect ● Integrity ● Courage ● Kindness



# Parent

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## CLUB

Mildura South Primary School Parents Club meets each Friday 2-3pm (as able) at the onsite Parent Hub. We are currently looking for new or existing parents to join the team this year.

The Parent Club is a group of interested parents that make up a communication link between the school, the school council and the school community – to establish strong partnerships between the groups, and create an encouraging, educational and fun school environment for young learners.

If any new/existing parents would be interested in joining the parents club this year, could you contact the school front office.



# Celebration of Strengths



Creativity



Curiosity



Judgment



Zest



Honesty



Social Intelligence



Fairness



Teamwork



Forgiveness



Self-Regulation



Humility



Appreciation of Beauty



Perspective



Bravery



Perseverance



Kindness



Love



Leadership



Love of Learning



Gratitude



Spirituality



Prudence



Hope



Humor

Foundation  
Foundation Purple  
Ive-Rose P

Grade 2  
2B  
Arya T

Foundation Blue  
Cash T

2C  
Tairome T

Foundation Orange  
Samuel J

2P  
Miriam P

Grade 1  
1B  
Mayla M

Grade 3/4  
3/4H  
Iris P

1H  
Lacey D

3/4I  
Quan N

1S  
Hasnain H

3/4M  
Phoenix P

1T  
Oliver C

3/4R  
Khajija J

3/4T  
Asha V

3/4W  
Harry T



# Celebration of Strengths



Creativity



Curiosity



Judgment

Grade 5/6  
5/6C  
Carter A

PE  
Talei V  
5/6H



Zest



Honesty



Social Intelligence

5/6H  
Jett S

ITALIAN  
Oliver M  
Foundation Purple



Fairness



Teamwork



Forgiveness

5/6J  
Tyler W

HUMANITIES  
Sabina S  
3/4M



Self-Regulation



Humility



Appreciation of Beauty

5/6K  
Nevayah F

HUFF & PUFF  
Letty O  
3/4I



Perspective



Bravery



Perseverance

Specialists  
ART  
Aymira E  
1S



Kindness



Love



Leadership

BAND  
Emmett J  
5/6J



Love of Learning



Gratitude



Spirituality

PERFORMING  
ARTS  
Hania R  
2P



Prudence



Hope



Humor



# Celebration Of Strengths Art Awards



Creativity



Curiosity



Judgment



Zest



Honesty



Social Intelligence



Fairness



Teamwork



Forgiveness



Self-Regulation



Humility



Appreciation  
of Beauty



Perspective



Bravery



Perseverance



Kindness



Love



Leadership



Love of Learning



Gratitude



Spirituality



Prudence



Hope



Humor

## Grade 2

### 2B

Morgan L

Eywa T

Disney M

### 2C

Lauchlan B

Mason P

Zenah O

### 2P

Hudson P

Isabella B

Jax D

# Child Safety Standards



## School Crossing

Last year we had the ongoing concern of adults and children not using the School Crossings when crossing Deakin Avenue and the service road (often while holding a toddler or pushing a pram and holding the hand of a student at the same time).

The mandated Child Safety Standards require that all members of our school community use the School Crossings on both roads to ensure that all of our students arrive safely to school and leave safely from school.

You may think that because you are with your child crossing Deakin Avenue and/or the service road outside of the School Crossing that you can ensure their safety - this is not the case. If a Parent chooses to cross Deakin Avenue and the service road without using the School Crossings, they are teaching their children unsafe behaviours and modelling this unsafe behaviour for other students who may follow.

I would like to thank each of you who do use the School Crossings correctly as you help me not only keep your children safe but all the children who attend Mildura South Primary.

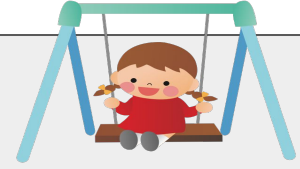
If I observe any adult not using the School Crossings, I am obliged to speak to that person and support that person in adhering to our Child Safety Standards and use the School Crossings.

## Staff Car Park



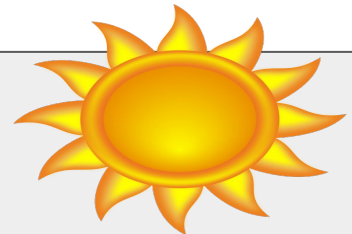
Please do not use the gates and walk through the Staff Carpark. Cars are coming and going all the time and it is not safe.

# Child Safety Standards



## Playing on the Playground after School

No children are to play on any of the Play Equipment after school. I am grateful to the Parents who assist staff after school by asking their children to leave the Play Equipment, particularly the Grade 1/Foundation Play Equipment at the front of the school.



## Hot Weather

When the temperature is 36 degrees or higher, we will be having a 'hot day timetable'. Having lunch earlier in the day sometimes allows the students to have an opportunity to get some fresh air before the heat.



## Hats

Mildura South Primary is a SunSmart School, and it is important that all students wear a hat when playing outside in Terms 1 and 4.

Thank you to the Parents who have made sure their child has a hat and it is named clearly.

Children without a hat remain in the shade during outside play time.





**We would like to take this opportunity to say a big Thank you to Jo Chisari of Barry Plant Real Estate' for his generous donation of: Trophy and \$50.00 Book Voucher to our Aussie of the Month recipients.**



# Rivaside Hockey Club

Ever wanted to give hockey a try?

Rivaside Hockey Club are looking for players in junior and senior grades. Come down to a training session for a run and see if hockey is the sport for you!

**Our training sessions are Mondays  
Aero Ovals– Gate C**

Under 11's - 5.15 pm to 6.15 pm

Under 13's - 5.15 pm to 6.15 pm

Under 16's - 6.30 pm to 7.30 pm

Seniors - 6.30 pm to 8.00 pm

**Season kicks off April 19, 2024**

Please don't hesitate to email, text or call.



0435 054 012 Kerry Wood (President)



[rivasidehockeymildura@gmail.com](mailto:rivasidehockeymildura@gmail.com)



[www.facebook.com/RivasideHockeyClub](http://www.facebook.com/RivasideHockeyClub)



## TERM 1 2024 Coaching – Community Play

### Red Cliffs Lawn Tennis Club

#### Monday

3.30-4pm 4 & 5 yrs Hot Shots @ \$7

4-4.45pm Hot Shots 6-12yrs

4.45-5.30pm Tennis 4 Teens 12-17yrs

#### Tuesday

3.30-4.15pm Hot Shots 5-12yrs

4.15-5pm Tweens Hot Shots 10-12yrs

5-5.45pm Tennis 4 Teens 12-17yrs

#### Saturday

9-9.45am Hot Shots 5-12yrs

Match Play 9.45-10.15 @\$3

**Cost: \$10 Per Lesson-Receive free Hot Shots T-Shirt**

**To enrol or for more information please contact  
Lisa Hill Community Play Coach Mob 0400 726 824**

**Email [lisa.joy.hill70@gmail.com](mailto:lisa.joy.hill70@gmail.com)**

**Racquets available - Learn the fundamentals of tennis in a social fun  
environment**



**MILDURA TENNIS**  
ACADEMY

# TENNIS

**ALL YEAR ROUND  
LEARN A LIFE SKILL**

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**ADULT SESSIONS**

**TEEN TENNIS**

**[www.milduratennis.com.au](http://www.milduratennis.com.au)  
[play@milduratennis.com.au](mailto:play@milduratennis.com.au)**



**Teamwork ● Respect ● Integrity ● Courage ● Kindness**



# LITTLE GLITTER SHACK



BOOK FOR ALL  
TYPES OF EVENTS



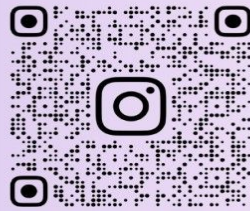
CUSTOMISED PACKAGES  
AVAILABLE



GLITTER & HAIR  
MERCHANDISE

*Festival inspired pop up glitter art & braiding services.*

SCAN THIS QR  
CODE TO VIEW  
OUR PRODUCTS &  
SERVICES



@LITTLEGLITTERSHACK

WERE YOU  
BORN TO SPARKLE?

**BOOK NOW**

