



Southie Scoop

POSITIVE EDUCATION SCHOOL

Friday 1st March, 2024

“Mildura South Primary School acknowledges the traditional custodians of the land as we choose to bring our best selves to school and love the work that we do”

Dates for your diary

Term 1

30th January – 28th March, 2024

March

- 1st Expression of Interest Notes/Deposit due for Grade 5 Camp
- 4th Curriculum Day
- 5th Wellbeing for Breakfast
- 7th 5/6 Boys Cricket
- 11th Labour Day Public Holiday
- 5th-6th Grade 6 Camp (Group 1)
- 7th-8th Grade 6 Camp (Group 2)
- 21st Gr 5/6 Boys Cricket
- 27th Festa Della Italiana e Specialiste
- 28th Last Day of Term 1
2.30pm FINISH



Mildura South PS



(03) 5023 2148



msps.vic.edu.au



593 Deakin Ave, Mildura



Principal's News

living PERMA

School Council Members

Last week I introduced the 2024 School Council Members. I failed to include Rebecca Hanstock, our valued Parent Club representative who works tirelessly for our students.

Welcome Rebecca to the 2024 School Council and thank you for your continued contributions and generous support.

Fabulous Foundation Students

All students will be at school all week beginning next week. The interviews have been completed and we are very grateful to our families and carers for making the time to come to school with their child for these interviews

School Review Parent and Carer Forum

On **Wednesday April 17 at 9am in the Staff room**, Parents are invited to meet with our School Reviewer Mr David Allibon. This is an important part of the School Review Process, where David will have the opportunity to ask our Families and Carers questions and seek to understand your perspective as member of the Mildura South Primary School Community.

I will be very grateful to anyone who makes the time to be present at this Forum. Your voice, thoughts and insights are an important part of our capacity to continue in providing the best learning environment and Education for our students.



Principal's News

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Outdoor Education

This week our Grade 5/6 students went to Apex Park Sandbar to learn about water with Life Saving Victoria.

Thank you to Mr Pettit and staff for organising this engaging event. I know the students appreciated the experience.

Parent Club Fundraiser

Thank you to the families who are ordering Hot Cross Buns. All students have taken order forms home. Please return your order form and money by 9am on Wednesday March 22nd.

Zooper Doopers

Zooper Doopers were sold today at recess. Our Student Leadership Team will be selling Zooper Doopers every Friday afternoon at recess time - 50c each.

Wellbeing for Breakfast.

This Tuesday, March the 5th at 7.30-9.00am, the Wellbeing Team along with the Leadership Team will be attending The Wellbeing for Breakfast event at The Gateway Verde.



Principal's News

living PERMA

Mildura South Primary School have partnered with Sunraysia Community Health in presenting this event. Professor Lea Waters will be speaking at this event on the importance of prioritising Wellbeing in the Workplace.

I would like to thank Tate Belej, Lydia Sinclair, Jacinta Yetman, David Hall and Simon Jackson for their collaboration and their commitment to hosting this event for approximately 100 people from across the Mildura Community.

I would also like to thank our financial sponsors: Barry Plant Real Estate, Mildura Finance Limited, The Gateway Verde and Sunraysia Community Health.

School Hours

Classroom doors open at **8.45am** for all year levels.

Dismissal times:

Foundation - Grade 2 (along with siblings in Grades 3-6) **3.15pm**

Grades 3-6 **3.30pm**

Please continue to use the House Colour gates for entry and exit of school grounds:

Front Gate: **Mungo (Red) and Kulkyne (Yellow)**

Gate near the School Crossing: **Darling (Green)**

Albert Street Gate: **Murray (Blue)**



Principal's News

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School Uniform

Thank you so much for the fantastic effort you have made ensuring that your children are in the appropriate school uniform. The uniforms assist in developing a sense of identity and pride in our school.

There are a number of students wearing very short skorts and sport shorts that are not an appropriate length for school. Please ensure that the school shorts and skorts that your child is wearing is appropriate for school. I am happy to support families with this by allowing green or black school shorts to be worn.

Thank you for your support in this matter.

Grade 6 Shirts

We are offering a second opportunity to purchase Grade 6 Shirts. The cut-off date is Friday March 8. This date will guarantee they will be ready for collection before the beginning of Term 2.

Thank you.

Black School Shoes

Big W has kindly donated a range of black school shoes to our MSPS students. These shoes will be available to all families who come in, try them on and then take them home for free.



Principal's News

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The shoes can be found in the lost property area outside of the PERMA room. Sizes range from little children's size 10 up to older students' size 2.

Time to access the shoes: 8.45-9.00am and 3.15-3.30pm. Please help yourself as no staff will be present.

Appointments to see the Teachers

Teachers welcome open communication with all of our families. Positive Contacts will continue this year where you can expect to be contacted by your children's classroom teachers, celebrating successes.

We know that there are times when families need to speak to Teachers so that questions can be clarified, and concerns resolved. Before school is a busy time when Teachers are connecting with students and ensuring that everything is in place to begin the day calmly and successfully. In order for Teachers to give Parents the necessary time we ask that families make appointments with their Classroom Teacher.

Tennis Mad

If your child is interested in tennis, Bill from Tennis Mad runs sessions at school each Thursday morning at 8.00am. If you would like your child to participate, registration can be done online.



Principal's News

living PERMA

Singing for fun, health and development!!

Fiona Beyer is, again, offering singing lessons at the school this year, during school hours. Lessons are weekly, half hour sessions in the music room on a Tuesday morning.

Singing is a super fun and feel-good activity – it develops confidence - improves mood – builds friendships - soothes the nervous system - strengthens and clears airways - assists learning and brain function – and improves speech and memory - along with many other benefits.

Any interested family is encouraged to contact Fiona for more information -

Ph: 0407 876 874

Email: fionatassone@hotmail.com

Parent Contributions

Mildura South Primary School is looking forward to another great year of teaching and learning and would like to advise you of Mildura South's voluntary financial contributions for 2024.

Schools provide students with free instruction to fulfil the standard curriculum requirements and we want to assure you that all contributions are voluntary. Nevertheless, the ongoing support of our families ensures that our school can offer the best possible education and support for our students.



Principal's News

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Within our school previous support has allowed us to update our texts and readers to reflect current interests and passions, supply materials and resources to develop our mathematical knowledge and problem-solving skills, purchase materials to support the creativity and exploration in our Arts and Science programs and ensure that all our students have access to equipment to develop into active healthy children.

We invite you to support our school by making a Curriculum Contribution so that we can continue to provide opportunities for all our students.

Please contact the office if you would like to make a contribution or need further information.

School Lunches

The school is supported by Cowards Cake to supply lunches for students on Fridays. Orders are required to be submitted on the Flexischools App by 2pm the Thursday before the lunch order on Friday.

Brain Food

We would like to encourage the students to bring brain food to school to graze on throughout the day. We ask that this be healthy options as junk food does not assist with nutrition or concentration. Please clarify with your children's classroom teachers if you are not sure what to provide.



Principal's News

living PERMA

School Assembly

Our School Assembly takes place each **Monday at 2.40pm** in the School Gym. The Grade 6 students will continue to lead the School Assembly each week. A link for our School Assembly will be posted on Compass each week for you to access if you are unable to attend.

Digital Newsletter

The School Newsletter will continue to be distributed digitally on the school Compass, the School Website and Facebook sites. If you wish to receive a hard copy of the School Newsletter, please let your classroom teacher know.

Advertising on the School Newsletter

The school newsletter going digital has opened up the opportunity for more families with a business to advertise. If you have a business and would like to investigate the option of advertising on the school newsletter, please ring our Business Manager Chris Callipari who will be happy to outline the details and clarify any questions you may have.

Marie-Therese Milani
Principal



Principal's News

living PERMA

INTERSCHOOL TENNIS

On Thursday 29th February, Olivia, Remi, Ethan, Dallas and Elissa represented our school at the Division Tennis. They all had a wonderful day and very much enjoyed the experience.



Teamwork ● Respect ● Integrity ● Courage ● Kindness



Parent

CLUB

Mildura South Primary School Parents Club meets each Friday 2-3pm (as able) at the onsite Parent Hub. We are currently looking for new or existing parents to join the team this year.

The Parent Club is a group of interested parents that make up a communication link between the school, the school council and the school community – to establish strong partnerships between the groups, and create an encouraging, educational and fun school environment for young learners.

If any new/existing parents would be interested in joining the parents club this year, could you contact the school front office.



VACATION CARE

A reminder to parents wishing to use Vacation Care that enrolment forms and activity plans for the next school holidays will be emailed to Mildura South families on MONDAY 4TH MARCH, 2024. This information will also be available on the school website.

All enrolment applications will be treated on a first in, first served basis. If you have any queries regarding Vacation Care please contact Kylie Holmes (OOSH Co-Ordinator) on 0408 232 148 or email oshc.mildura.south.ps@education.vic.gov.au You can also contact the OOSH/Vacation Care program on 50232148 (Option 3).





Visible Wellbeing at Mildura South Primary School



Welcome to the 2024 school year

As a Visible Wellbeing Learning Specialist I will be supporting our school community in continuing to deepen and embed Visible Wellbeing at MSPS. I will be a grade 2 teacher, 3 days per week and carrying out Visible Wellbeing duties, coaching and Professional Development specific to my role for 2 days per week. Some of my duties will include

- Fostering Visible Wellbeing across the school.
- Fostering Visible Wellbeing in the community through community events, with a Visible Wellbeing focus.
- Sourcing and providing resources for Visible Wellbeing lessons.
- Continuing to develop a scope and sequence for teaching Visible Wellbeing lessons
- Planning and coaching with teams from F-6 to create Visible Wellbeing lessons for whole class and guided sessions
- And more

Please come and see me if you have any questions about Visible Wellbeing

Tate Belej





Strength

Professor Lea Waters

Hope

Expecting the best in the future and working to achieve it.

Believing that a good future is something that can happen.

How might students connect with this strength:

I can see all the possibilities that lay ahead

I am positive about the future

I put in effort to make good things happen

Family Activity

Identify your strengths

Professor Lea Waters

Purpose

For each member of the family to discover the aspects of their personality that energise them.

How does this help your wellbeing?

Strengths are the things that you feel good using. Science shows that using your strengths boosts your confidence and happiness.

Activity for all family members when they need it

Complete the Free VIA survey:

<https://www.viacharacter.org/survey/account/register>

Have a family conversation to reflect on your strengths with each other and how you all use your strengths during the day.

Mind your language. How what you say creates your child's mindset

James Anderson

One of the big ideas in education over the past 10 years has been Professor Carol Dweck's work on Growth Mindset. However, despite (or perhaps because of) the hype, much of Dweck's work has been misunderstood, or misapplied. Too often we've tried to teach about growth mindset, instead of teaching for a growth mindset. Importantly, the role parents play in helping develop a growth mindset in their child has been largely overlooked.

In this article I share a simple way you can help your child develop a more growth-oriented mindset.

About Mindsets

Your child's mindset is how they view their most basic abilities, like their talents and intelligence, and it has a profound impact on their learning.

A child with a fixed mindset believes they are fundamentally limited. Who they are today, is pretty much who'll they be in the future. For them, school and learning is a way to discover those abilities. They'll ask if they are musical, or how smart they are. For these children, school becomes one long test to discover the answers to these questions.

A child with a growth mindset understands they have the capacity to develop their abilities. For them learning becomes a vehicle for creating and developing those abilities. You'll hear this child say things like "I want to become really good at maths, so I'm going to work hard to make that happen."

Why parents matter

Contrary to what social media might say, you can't just tell your child to have a growth mindset. Their mindset is rooted in a lifetime of experiences.

As parents we play an important role in creating the experiences that develop our child's mindset. What we repeatedly say, value, and reward all shape our child's mindset. And I should know because I got it wrong.

What I did wrong

When my daughter was young, I encouraged her to try lots of different activities. She tried music, art, gymnastics, singing, the Maths Olympics. You name it, we tried it. And that's fundamentally a good thing.

The problem wasn't what I was doing. It was the messages I attached to it. Sometimes when she wasn't keen to try a new activity, I'd say something like "Come on sweetheart, give it a go. You never know, you might be good at it!"

Can you hear the fixed message in there? "You might (already) be good at it."

I turned trying something new into a test to find out if she was good at it. I promised her the possibility of instant success. To make things worse, if she didn't have instant success, I'd often console her with something like "Well, don't worry. You can't be good at everything."

In other words, she'd failed that test. Now it was on to the next test to see if she was good at that instead. The unintended lesson: If you're not immediately good, give up.

Why did I do that?

If you just had an “ouch” moment, you're not alone. Parents say these types of things all the time. We say them out of love, and with the best of intentions.

When we see our child upset or struggling, our natural reaction is to want to protect them from that discomfort. But what I did was to provide my daughter with an excuse for struggle by saying “you're not that type of person.”

Perhaps you've provided your child with a similar excuse by saying something similar like “I was never good at that either.” The underlying message being “we aren't the right type of person to be good at that—we don't have those abilities.”

A nudge in the right direction

To help us be better parents and nurture a more growth-oriented mindset in our children, we need a little nudge. A reminder that helps us counter any unconscious bias and ensure we create more growth-oriented messages for our children.

I've created lots of these nudges, for all types of situations. The one relevant to this situation is to remember that “Learning is about creating, not discovering.”

Learning is about creating, not discovering.

In the context of trying new things, this nudge reminds us that we're not trying to find out if my daughter has those abilities. We're trying to decide if she wants to develop those abilities. So, now I might say:

“Darling, getting good at something takes time and the right type of effort. You need to decide if this is something you're prepared to invest the time and effort into getting good at.”

The nudge helps us repeat this message over and over, slowly creating a more growth-oriented mindset. They become more empowered and see life as being in their control. They recognise they can become whoever they want, or need, to become.

It's like George Bernard Shaw said, "Life is not about finding yourself. Life is about creating yourself."

T



REMINDERS FROM THE OFFICE

Late Arrivals/Early Departures

Our school day begins at 9.00am and finishes at 3.15 (Prep-Gr2) and 3.30pm (Gr3-6). We understand that sometimes school time appointments are unavoidable but ask that these be kept to a minimum. It is **COMPULSORY** for all students to sign in or out at the front office.

Each and every occasion requires a parent/guardian to come into the office to collect or drop off their student and to be signed in or out via the Compass kiosk.

It is the school's Duty of Care to know the whereabouts of a student at all times.

Absences

If your child is absent it is a requirement that a parent or guardian informs the school. This can be done by leaving a message on the school phone (follow the prompts), entering an Attendance Note on Compass or by notifying the classroom teacher. If your child is absent for an extended period please inform the classroom teacher or school before they leave.



REMINDERS FROM THE OFFICE

Medication

If your child requires medication whilst at school, the medication needs to be taken to the office by a parent or guardian. The school can only administer medication if we receive it from an adult and have a written authority to do so. Dosage and times need to be clearly labelled on the medication. **Children should not have medication in their bag.**

Drop Box

A reminder for students and parents that any money or notes that come to the office should be placed in the Drop Box in the foyer. The Drop Box is locked and will be checked daily by the office staff.

Change of Details

It is extremely important to notify us if you have changed your address or phone number. **We MUST be able to contact parents at all times (particularly in the case of an emergency).**



REMINDERS FROM THE OFFICE

Compass

Our School uses Compass for all communications to parents and staff. Please speak to the office staff if you don't have Compass Log In details.

Annual Privacy Reminder for our School Community (2024)

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy.

Please take time to remind yourself of our school's collection notice, found on our website

http://www.msps.vic.edu.au/wp-content/uploads/2022/02/Privacy_Collection_Notice2022.pdf. For more information about privacy, refer to: Schools'

Privacy Policy – information for parents. This information is also available in nine community languages: Amharic, Arabic, Dari, Gujarati, Mandarin, Somali, Sudanese, Turkish, Urdu and Vietnamese.

Child Safety Standards



School Crossing

Last year we had the ongoing concern of adults and children not using the School Crossings when crossing Deakin Avenue and the service road (often while holding a toddler or pushing a pram and holding the hand of a student at the same time).

The mandated Child Safety Standards require that all members of our school community use the School Crossings on both roads to ensure that all of our students arrive safely to school and leave safely from school.

You may think that because you are with your child crossing Deakin Avenue and/or the service road outside of the School Crossing that you can ensure their safety - this is not the case. If a Parent chooses to cross Deakin Avenue and the service road without using the School Crossings, they are teaching their children unsafe behaviours and modelling this unsafe behaviour for other students who may follow.

I would like to thank each of you who do use the School Crossings correctly as you help me not only keep your children safe but all the children who attend Mildura South Primary.

If I observe any adult not using the School Crossings, I am obliged to speak to that person and support that person in adhering to our Child Safety Standards and use the School Crossings.

Staff Car Park



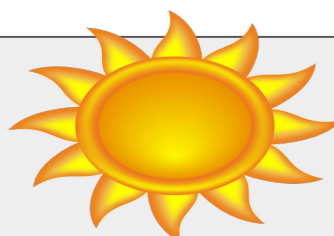
Please do not use the gates and walk through the Staff Carpark. Cars are coming and going all the time and it is not safe.

Child Safety Standards



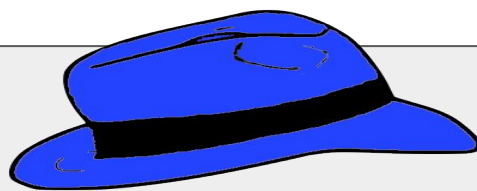
Playing on the Playground after School

No children are to play on any of the Play Equipment after school. I am grateful to the Parents who assist staff after school by asking their children to leave the Play Equipment, particularly the Grade 1/Foundation Play Equipment at the front of the school.



Hot Weather

When the temperature is 36 degrees or higher, we will be having a 'hot day timetable'. Having lunch earlier in the day sometimes allows the students to have an opportunity to get some fresh air before the heat.



Hats

Mildura South Primary is a SunSmart School, and it is important that all students wear a hat when playing outside in Terms 1 and 4.

Thank you to the Parents who have made sure their child has a hat and it is named clearly.

Children without a hat remain in the shade during outside play time.



We would like to take this opportunity to say a big Thank you to Jo Chisari of Barry Plant Real Estate' for his generous donation of: Trophy and \$50.00 Book Voucher to our Aussie of the Month recipients.

**FAMILY FUN,
FITNESS &
SELF-DEFENCE**



**FREE
COME & TRY
OPEN DAY**

2 MARCH, 10.30AM

RHEE TAEKWON DO AT TRINITY LUTHERAN COLLEGE

Tuesdays + Thursdays 6pm - 7pm
Family classes (all ages from 5yrs)

**FOR MORE INFO:
1300 743 853 / WWW.RHEETKD.INFO**



BOOK NOW!



TERM 1 2024 Coaching – Community Play

Red Cliffs Lawn Tennis Club

Monday

3.30-4pm 4 & 5 yrs Hot Shots @ \$7

4-4.45pm Hot Shots 6-12yrs

4.45-5.30pm Tennis 4 Teens 12-17yrs

Tuesday

3.30-4.15pm Hot Shots 5-12yrs

4.15-5pm Tweens Hot Shots 10-12yrs

5-5.45pm Tennis 4 Teens 12-17yrs

Saturday

9-9.45am Hot Shots 5-12yrs

Match Play 9.45-10.15 @\$3

Cost: \$10 Per Lesson-Receive free Hot Shots T-Shirt

**To enrol or for more information please contact
Lisa Hill Community Play Coach Mob 0400 726 824**

Email lisa.joy.hill70@gmail.com

**Racquets available - Learn the fundamentals of tennis in a social fun
environment**



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Teamwork ● Respect ● Integrity ● Courage ● Kindness



LITTLE GLITTER SHACK



BOOK FOR ALL
TYPES OF EVENTS



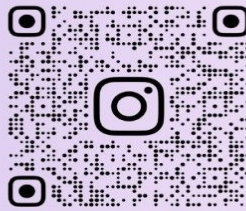
CUSTOMISED PACKAGES
AVAILABLE



GLITTER & HAIR
MERCHANDISE

Festival inspired pop up glitter art & braiding services.

SCAN THIS QR
CODE TO VIEW
OUR PRODUCTS &
SERVICES



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WERE YOU
BORN TO SPARKLE?

BOOK NOW

