



Mildura South Primary School Newsletter

A Positive Education School

593 Deakin Avenue, Mildura South

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www.msps.vic.gov.au  [mildurasouthps](https://www.facebook.com/mildurasouthps)

Friday 29th April, 2022 Newsletter No. 10

"Mildura South Primary School acknowledges the traditional owners of the land as we choose to

bring our best selves to school and love the work that we do"



FOR YOUR DIARY

****ALL DATES ARE SUBJECT TO COVID GUIDELINES PERMITTING****

TERM DATES – TERM 2 (Tue 26th April to Fri 24th June)

MAY

Wed 4 th	School Photo Day
Thur 5 th	Interschool Cross Country
Fri 6 th	Girls Football / Boys Netball
Mon 9 th	
– Fri 13 th	Grade 1/2 Swimming
Tue 10 th	
- Fri 20 th	Naplan Testing Begins for Grades 3 & 5
Fri 20 th	Interschool Sports
Fri 27 th	Interschool Sports

JUNE

Fri 3 rd	Interschool Sports
Mon 13 th	Queen's Birthday Holiday – No students at school
Wed 15 th	Interschool Sports
Fri 17 th	Interschool Sports
Fri 24 th	Last day of Term 2 – 2.30pm Finish

JULY

Mon 11 th	Term 3 Begins
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CHILD SAFETY

- Please use the pedestrian crossing when crossing Deakin Avenue
- When dropping students off or picking students up in Albert Street please observe ONE WAY (from Deakin Avenue to the Wetlands)
- When driving in Albert Street before and after school please travel at 20km/per hour

THANK YOU FOR SUPPORTING US IN KEEPING OUR STUDENTS SAFE

Principal's News

Mildura South Primary acknowledges the traditional owners of the land as we choose to bring our best selves to school and love the work that we do.

Welcome back everyone to Term 2. I hope you all had an opportunity to rest and spend time with family and friends.

ANZAC Day

Thank you to the families and students who attended the Mildura Community ANZAC Day Services at Henderson Park. Mildura South Primary was well represented, and I was very proud of the respectful representation that took place on behalf of our school community.

On Tuesday April 26, we were joined by ex-servicemen, Chaffey Secondary Principal, Chaffey Secondary School Captains and Parents in honouring the men and women for have served and continue to serve our country. The formal and reverent service was very special, and I thank all of the staff and students involved.

Lest we forget

Changes to COVID School Operation Guidelines

- Close contacts of positive cases are no longer required to isolate for seven days (they will need to RAT test for at least five days and wear a face mask indoors).
- Recovering COVID cases won't have to undergo testing or quarantine again for 12 weeks (up from eight weeks).
- Face masks no longer required in schools
- Visitors to schools no longer required to show proof of vaccination. All Parents are welcome onsite.
- Whole School Assembly will take place in the school gym as of **Monday May 2** at 2.40pm. All Parents welcome.

Organisation that will remain the same

- Classroom doors do not open until **8.45am**. Principal class staff will be on duty outside, walking around the school yard from **8.30am onwards**.

- In the interest of **Child Safety**, School Council have requested that the staggered finishes that we have in place at the end of the day remain in place. (Lunch time has been reduced by 15 minutes over the last couple of years to ensure that learning time is not compromised for students).
- Students to enter and exit school ground via their House Gate.
- Infant and Senior lunch and recess schedule to remain the same.

Grade 2 'Get Help' Leaders

Our Grade 2 Leaders in the school yard this term are: Ethan Walker, Sanimer Kaur (2B), Deniz Mehmet-Ali, Kobe Mitchell (2T), Conny Rudkin, Mia Yetman (2R). Get Help Leaders.

Congratulations to these students on their leadership in 'getting help'.

Clarification of School Uniform Standards

It has been brought to my attention that students are wearing very short skorts and running shorts as school uniform.

If students wish to wear shorts as their school uniform, then I ask that they please wear the appropriate uniform shorts and keep their running shorts for when they go for a run.

If students do not have an alternative to the short skorts that they are wearing (difficult to see under school t-shirt or jumper), then I ask that students wear some green tights underneath.

Majority of our shorts, skorts and skirts that our students are wearing are an appropriate length for school and I thank you for monitoring this.

School Photos

School Photos will be taking place this Wednesday on May 4. All photos are to be ordered online. Please refer to the Compass post to order your photos.

School Crossing Child Safety

We continue to have the ongoing concern of adults and children not using the School Crossing when crossing Deakin Avenue.

The mandated Child Safety Standards require that all members of our school community use the School Crossing to ensure that all of our students arrive safely to school and leave safely from school.

You may think that because you are with your child crossing Deakin Avenue outside of the School Crossing that you can ensure their safety – this is not the case. If a Parent chooses to cross Deakin Avenue without using the School Crossing, they are teaching their children unsafe behaviours and modelling this unsafe behaviour for other students who may follow.

I would like to thank each of you who do use the School Crossing correctly as you help me not only keep your children safe but all the children who attend Mildura South Primary.

If I observe any adult not using the School Crossing, I am obliged to speak to that person and support that person in adhering to our Child Safety Standards and use the School Crossing.

Thank you

NAPLAN 2022

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9.

NAPLAN is a nationwide measure through which parents, teachers, schools, education authorities, governments and the broader community can determine whether or not young Australians are developing the literacy and numeracy skills that provide the critical foundation for other learning and for their productive and rewarding participation in the community.

NAPLAN results allow parents/carers and educators to see how students are progressing in literacy and numeracy over time – individually, as part of their school community, and against national standards.

The assessments are undertaken nationwide in 2022, **between May 10 and May 20**. Week 1 of Term 2 is planned for an Online NAPLAN practise. A Test schedule will come out at the end of Term 1.

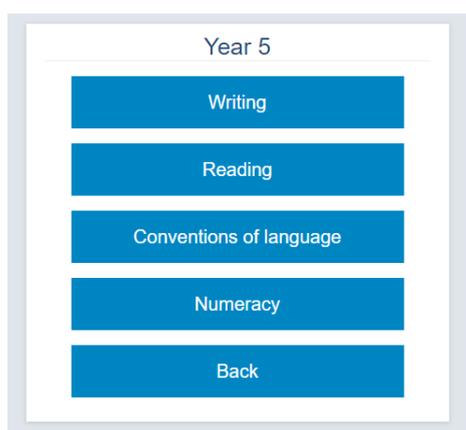
NAPLAN is made up of tests in the four areas (or ‘domains’) of:

- Writing
- Reading
- Language Conventions (spelling, grammar and punctuation)
- Numeracy

Families can access the Naplan Demonstration Site by clicking the link -

<https://www.nap.edu.au/online-assessment/public-demonstration-site>

Select a year level and a sample test to look at and allow students some practise.



Roger Kent

Naplan Coordinator

School Assembly

We look forward to welcoming our Parents and members of the School Community to our whole school Assemblies which will take place in our school gym each Monday at 2.40pm.

We will continue to send out the WebEx link to families on Compass for those who wish to participate but do not have the opportunity to physically join us.

School Lunches

The school is supported by Cowards Cake to supply lunches for students on Wednesdays and Fridays. Orders are required to be submitted on the Flexischools App by 2pm the day before the lunch order.

Managing anxiety before it becomes a problem *by Michael Grose*

The president of Australian Primary Principals Association (APPA) recently highlighted the enormity of the anxiety problem that children are facing. A survey of primary schools across Australia conducted by the APPA showed that 80% of school leaders regard anxiety as a significant issue for children.

Parents, as first responders, play an important role by minimising the impact of stressful moments before they lead to full-blown anxiety. Here's how Parents can help.

Recognise anxiety triggers

Recognising the events that trigger anxiety is the first step in helping a child to manage their stress. Rapid or unpredictable change, new social situations, unfamiliar events, and difficult experiences are the most common anxiety stressors for children.

Know how it shows

Stress and anxiety show in many ways however most children display anxiety behaviours that are unique to them. Typically, anxiety shows through physical signs such as chest pains, nausea and headaches. Anxiety can be observed through behavioural clues such as avoidance of activities, aggression, concentration difficulties and constant fiddling and movement. Worrying, overthinking and catastrophising are also common in children who experience anxiety. Knowing how anxiety shows in your child will alert you to respond appropriately with support and understanding.

Give children tools to manage their states

Anxiety needs managing so children can get on with their lives rather than become overwhelmed by stress and worry. Providing children with tools to manage their thinking, emotional and physical states prevents anxiety from becoming debilitating. Management tools such as deep breathing, mindfulness and exercise as well as techniques to help children distance themselves from their anxiety-inducing thoughts help them minimise the impact of stress.

Help them understand how anxiety works

Children who understand what happens in their brains and bodies when they are stressed are better able to manage their anxious states. Providing children with a thorough knowledge of how anxiety works and how it shows empowers them to push their worries into the background while they get on with their lives. Managing anxiety takes practice, but it's absolutely essential if children are to flourish rather than become overwhelmed by stress and worry.

In closing

Stress and anxiety have accelerated with the impact of the pandemic. The growing rate of anxiety is no one's fault, however it does mean that parents need to become more knowledgeable about how anxiety works, how it shows and how you can help your children.

Marie-Therese Milani
Principal

ITALIAN WORD OF THE WEEK



Word of the Week
Parola della Settimana

la mia mamma
(my mum)



CELEBRATION OF STRENGTHS

PH Aveie Garraway	3/4B Vada Murnane	<u>Art</u>
PK Isabella Mete	3/4M Sophia Parsons	Olivia Riggs-Brindal
PR Silver Sanders-Dobiecki	3/4P Lily Davis	<u>Italian</u>
1C Don Henry	3/4S Ethan Carli	Kaiden Fisk
1H Addison Harvey-Greenaway	3/4W James Avery	<u>Sport</u>
1S Kaiden Fisk	5/6B Zailee Grennan	Olivia Kent
2B Vivili Filimoehala	5/6J Ashton Apthorpe	<u>Performing Arts</u>
2R Mia Yetman	5/6K Tyson Garner	Eli Harding
2T Delilah Cameron	5/6L Alex Skipsey	<u>STEM</u>
	5/6P Max McIver	Shila Giles

OUT OF SCHOOL HOURS CARE

The Out of school hours care program (OSHC) operates from the school gymnasium with three programs available, as listed below. The OSHC staff are qualified in Early Childhood Education or working towards an approved qualification as well being trained in First Aid, asthma and anaphylaxis. Children attending the program require a hat for outdoor play (a spare hat from home which can be left at the service for convenience). All families using the service are required to complete a 2022 OSHC enrolment form. These forms can be found on the school website or can be collected from the OSHC office in the gym. Children are to be signed in and out of the program using the OSHC ipad by a person listed on the enrolment form.

Before School Care: \$20.00 per session - 6.45am - 8.45am each school morning. Breakfast is provided upon arrival with a range of supervised activities throughout the morning.

After School Care: \$30.00 per session - 3.30pm-6.00pm each school day. A light snack with fruit is provided upon arrival. We have a variety of fun supervised indoor and outdoor activities throughout the afternoon.

Vacation Care/ Curriculum Day: \$65.00 per session plus any excursion costs - 8.00am-6.00pm during school holidays and scheduled Pupil free days. Children are to provide their own food each session. We have planned activities each day, with outings on some days.

Fees can be reduced by claiming Child Care Subsidy. This is determined on your household income and your working/studying hours.

Our next Vacation Care program for the April school holidays is now completely booked out. If you would like to be placed on the waiting list for any day, please let us know. A reminder that Mildura South families could start booking in from the 4th March, giving South families a one week head start with priority bookings before the remainder of the community could book in.

After School Care will commence at 2.30pm on the last day of term, remaining open until the usual time of 6pm.

The OSHC program will be closed on Monday 25th April for the Anzac Day public holiday, returning for Term 2 on Tuesday 26th April 2022.

If you would like to know more about our service, please contact us on the OSHC mobile 0408 232 143 or by calling the school number on 5023 2148 (option 3).

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FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:
<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools this year.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



COMMUNITY NOTICES

Respect, Inclusion, Pride, Responsibility



Chaffey Secondary College



OPEN INVITATION
to all parents, students and community members

OPEN NIGHT
for prospective year 6 students and families

Tuesday 3 May 6pm - 8pm
Presentation at 6pm in the gymnasium




PLEASE COME AND JOIN US

for a tour of our facilities, and enjoy
a barista made coffee at the RIPR Café.

For further information contact the college
College website <http://chaffeysc.vic.edu.au>




Chaffey Secondary College 261 - 289 Deakin Ave Mildura Vic 3500
chaffey.sc@education.vic.gov.au

P: 03 5023 0538 F: 03 5022 2917



#theirympleway

INITIATIVE
HAVE A CRACK
Volunteer
Make a difference
What can I do better?

SUCCESS
SET & ACHIEVE GOALS
Learn new things
Be happy and positive
Bring your best

COMMUNITY
BELONG
Be friendly, supportive & inclusive
Be grateful
How can I give back?



OPEN NIGHT

Thursday 5th May
6:30pm until 8:30pm
975 Karadoc Ave, Irymple

ISC invites prospective Year 7, 2023 students and their families to join us at 6:30pm with a welcome by Principal, Jo McQuinn. Our student leadership team will then conduct school tours of our learning hubs and facilities. Meet our staff, ask questions and discover The Irymple Way.



Web: www.irysec.vic.edu.au
Email: irymplesc@education.vic.gov.au
Facebook @IrympleSC
Instagram @irymplesc
@wallace_irymplesc

OPEN EVENINGS 2022

Sunraysia Secondary Colleges will be holding 'Open Evenings' during the first week in May. Families are invited to visit our schools to discuss teaching and learning programs, extra-curricular activities and facilities.



Irymple Secondary College

Karadoc Avenue, Irymple
Phone 5024 5407

irymplesc@education.vic.gov.au

Thursday 5th May
6.30 – 8.30pm

Please gather in The Quad at 6.30pm



Chaffey Secondary College

261–289 Deakin Ave, Mildura
Phone 5023 0538

chaffey.sc@education.vic.gov.au

Tuesday 3rd May
6pm – 8pm

Presentation 6 pm - Theatre



Merbein P-10 Secondary College

Commercial Street, Merbein
Phone 5025 2501

merbein.p10@education.vic.gov.au

Wednesday 4th May
5.30pm - 7.30pm

Presentation at 6pm - Gym



Red Cliffs Secondary College

Fitzroy Avenue, Red Cliffs
Phone 5024 1522

red.cliffs.sc@education.vic.gov.au

Wednesday 4th May
6.30pm – 8pm

Please meet in the Student Hub

Authorised by the principals of the participating secondary colleges: Jo McQuinn (Irymple S.C), Graeme Forrester (Chaffey S.C), Chris Grimmer (Merbein P-10 College) and David Browne (Red Cliffs S.C)



WINTER BASKETBALL

GAME DAYS

U8 2015 & 2016	Boys & Girls Wednesday
U10 2013 & 2014	Boys & Girls Friday
U12 2011 & 2012	Boys Monday; Girls Friday
U14 2009 & 2010	Boys & Girls Monday
U16 2007 & 2008	Boys Wednesday
U17 2006 -2008	Girls Wednesday
U18 2005 & 2006	Boys Wednesday



Starts in May

irympлетigers1965@hotmail.com



COME & TRY HOCKEY

Thursdays

Aero Ovals, Gate C

Juniors 5:30 - 6:30pm

Seniors 6:45 - 8pm

Contact Kerry Wood (President) 0435 054012

rivasidehockeymildura@gmail.com

<https://www.rivasidehockey.com.au/>





Junior Tennis

The Sunraysia District Tennis Association is calling all new and existing juniors to play in its upcoming winter season running from May – September (Saturday mornings 9am – 11.00am)

Tennis is a great sport for kids.

- ✓ A very safe sport
- ✓ Great exercise – tennis keeps you fit and builds hand eye coordination
- ✓ Play tennis now and your child will have a sport for life
- ✓ Tennis is a sport that can be played all year round
- ✓ A great social sport for young players
- ✓ Great sport for the whole family to enjoy

All levels are catered for from D Grade beginners through to A Grade. Contact one of the club delegates below for more information and to register your child.

Louise Olofsson – Alcheringa (Gol Gol)	louiseswenolofsson@gmail.com
Tena Williams – Red Cliffs	tenajoy@bigpond.com
Carole DeMaria – Sacred Heart (Aeros)	sacredheartjuniors@gmail.com
Joel Hamilton – Sarnia (Lawn Tennis)	joelhamilton10@bigpond.com
Robyn Herberte – St Andrews (Aeros)	robyn@gibsonfencing.com.au
Cheryl Vines - Wentworth	cheryl.vines@bigpond.com



Merbein Football Netball Club is inviting any boys or girls to come out and have a try at AFL Football. We have room in all age groups from Auskick to Under 18's, age groups are Under 10's, 12's, 13, 14's, 16's and 18's. Auskick starts on Thursday 21st April and minimum age requirements to play are 5 years and older. The club has fantastic new facilities, schnitzel nights, accredited AFL Coaches and an inclusive "every gets a go attitude" to sport. Training nights are Tuesday from 4.30-5.30pm for Under 10, 12, 13, 14's. Training is on Tuesdays and Thursdays 4.30-6pm or Under 16 and U18's, get there as early as you can. Come out and get the kids exercising, having fun and socialising. Love to see you there, find us on facebook. Merbein Football Netball Club

55 Pine Ave
Mildura
Vic

PH:03 50235195

EST. 1985

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M: 0419 253 409 Electrical

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GLEN
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PO Box 737,
Lymple, Vic 3498

Electrical appliance testing