



# Mildura South Primary School Newsletter

## A Positive Education School

593 Deakin Avenue, Mildura South

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[www.msps.vic.gov.au](http://www.msps.vic.gov.au) [mildurasouthps](https://www.facebook.com/mildurasouthps)

**Monday 23rd August, 2021 Newsletter No. 25**



### TERM DATES

**TERM 3** 12<sup>th</sup> JULY - SEPTEMBER 17<sup>th</sup> (10 weeks)

### AUGUST

Wednesday 25<sup>th</sup> Whole School Photo (POSTPONED)

Friday 27<sup>th</sup> Book Week Activities

Mon 30<sup>th</sup> to Fri 3<sup>rd</sup> Sept Grade 1 and 2 Swimming (POSTPONED)

### SEPTEMBER

**ALL DATES BELOW ARE SUBJECT TO CHANGE PENDING RESTRICTIONS**

Friday 3<sup>rd</sup> Grade 2 Sleepover

Monday 6<sup>th</sup> Prep Play Afternoon

Wednesday 8<sup>th</sup> to Friday 10<sup>th</sup> Grade 5 Camp to Ballarat

Monday 13<sup>th</sup> Teddy Bears Picnic

Tuesday 14<sup>th</sup> to Wednesday 15th Grade 3 Camp to Swan Hill

Friday 17<sup>th</sup> Last day of Term 3

*"Mildura South Primary School acknowledges the traditional owners of the land as we choose to bring our best selves to school and love the work that we do"*

## **PRINCIPAL'S NEWS**

### **CHILD SAFETY**

#### **THANK YOU FOR SUPPORTING US IN KEEPING OUR STUDENTS SAFE**

#### **COMMUNICATION BETWEEN SCHOOL AND HOME**

Please continue to check Compass for any updated information. The school phone number is (03) 5023 2148.

Good afternoon everyone,

**As from Tuesday August 24, we will recommence Remote and Flexible Learning at Mildura South Primary until September 2.**

We have been clearly directed that if the students can stay home then they must stay home.

Parents who are applying for onsite supervision of their child/children due to being Authorised Essential Workers, will be required to present their permit to work to the school.

If two Adults are in the household then two permits will need to be provided.

This is part of the effort to reduce movement.

On Tuesday August 24, the teachers will be using the same WebEx schedule that they used during the last Remote and Flexible Learning to connect with their classes.

A link to the student portal will be posted on Compass today, along with the class WebEx schedules.

Families who would like paper packs please email your classroom teacher or ring the school.

Paper packs will be available for pick up from the front gate of the school on Tuesday August 24.

Children will be given the option of wearing masks when onsite.

For families who are Authorised Essential Workers, Mrs Hunt and myself will be at the front gate on Deakin Avenue with onsite forms to be completed. Permits can also be presented at this time. We will be on skeleton staff so I would ask that you please respect the time of drop off beginning at 9am.

No child can enter school grounds without an onsite form being completed and a permit identifying Parents as Authorised Essential Workers being presented.

When you have finished your shift or your working day, please ring the school office and we will let your child/children know that they are being picked up from the front gate.

If your authorised essential work begins later in the day then please ring the school office when you arrive at the front gate and a staff member will bring an onsite form for you to complete.

Thank you to staff, families and students who works together and support one another.

## **SCHOOL ASSEMBLIES**

The School Assembly will take place on Wednesday afternoons at 3pm via WebEx Events. The link will continue to be on Compass.

## **BOOK WEEK CELEBRATIONS**

The theme for Book Week Celebrations this year is: Old Worlds, New Worlds, Other Worlds.

Students and Staff will be celebrating Book Week in their teams throughout this week in Remote Learning. The strength of creativity will be flourishing as Students and Staff share their love of Literacy.

## **ANXIETY REQUIRES UNDERSTANDING**

**by Michael Grose**

The recent rise in childhood and adolescent anxiety and its acceleration during COVID-19 has worried parents and teachers. Many ask how they can assist children when they become anxious about seemingly routine events such as attending school camps and excursions, tackling difficult subjects, or facing the prolonged absence of a favourite teacher.

Typical responses such as ignoring their worries or encouraging them to ‘get on with it’ are unhelpful. Allowing a child to avoid an activity that makes them anxious is another unhelpful option. Avoidance may help children feel safe in the short term, but it risks the establishment of a long-term pattern that can be impossible to shift.

Regardless of the source every child and young person needs an adult in their life that understands them when they are anxious. It may make little sense that an activity makes a child anxious, you just need to understand that they are anxious. They need someone to witness their anxiety without dismissing or ignoring their feelings.

Anxious children frequently look to parents and teachers for reassurance when they feel anxious. This shows in many ways, including children: continually seeking the opinion of others, wanting parents or

teachers to make decisions for them, and continually asking for praise. Adults don't have to fix children's problems, but we do have to understand they are anxious.

The use of 'Ahhhhh' statements to validate how an anxious child is feeling, is a practical way to show that you are trying to understand them. It's also a great way to help a child develop a more nuanced emotional vocabulary. Here are some examples:

'Ahhhhh, you're feeling anxious about going to school camp . . .'

'Ahhhhh, you're having one of those "I might mess it up" thoughts . . '

Each child's anxiety is unique. The first and most important response from an adult is to show a child that you 'get' that they are anxious. Having someone understand that they are anxious is an enormous relief, particularly if they haven't been taken seriously in the past. Sitting alongside a child who feels anxious is an underestimated act of compassion that makes a huge difference to their immediate emotional state.

**Marie-Therese Milani**

**Principal**

## **FROM THE OFFICE**

### **2021 PARENT/CAREGIVERS/GUARDIANS OPINION SURVEY**

Our school is conducting a survey to find out what parents/caregivers/guardians think of our school. The Parent/Caregiver/Guardian Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst all parents/caregivers/guardians (previously known as the Parent Opinion Survey). It is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behaviour, student engagement and experiences of remote and flexible learning. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

All parents/caregivers/guardians will be invited to participate in this year's survey. All responses to the survey are anonymous. This year, the Parent/Caregiver/Guardian Opinion Survey will be conducted from **Monday 19<sup>th</sup> July to Friday 3<sup>rd</sup> September**.

The survey will be conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones. The online survey will be available in a range of languages other than English. These include: Arabic, Vietnamese, Mandarin, Chin (Hakha), Hindi, Japanese, Somali, Turkish, Punjabi and Greek.

All parents would have received an email with a link which can be copied into your browser, which will take you directly to the survey.

## OUTSIDE SCHOOL HOURS CARE

### Before & After School Care

We have places available every day for these two programs. Please contact the OSCHC office for more information or make a booking.

### Vacation Care

Mildura South families can now start booking in for the Sept/October vacation care program. Please complete and return the booking form as soon as possible to avoid missing out. If you have not received your booking form, or would like more information, please either email us on [oshp@msps.vic.edu.au](mailto:oshp@msps.vic.edu.au) or call us on 5023 2143 (option 3) / 0408 232 143. The booking form is also available on the school website. Payment of vacation care fees are due by 17<sup>th</sup> September 2021.

The After School Care program will be commencing at 2.30pm on the last day of term.

## ITALIAN WORD OF THE WEEK

**Word of the Week**  
Parola della Settimana

**Che ore sono?**  
(What's the time?)



## CELEBRATION OF STRENGTHS

PH	Romy Storer	3/4B	Logan Hardie	<u>Art</u> Lucas Akkermans 1B
PK	Milla Scott	3/4M	Olivia Starikov	
PP	Amity Christian	3/4S	Ben Skipsey	<u>Italian</u> Declan Box 3/4B
PR	Oliver McDonald	3/4W	Mukhtar Jaffry	
1B	Kruze McVeigh-Myers	5/6B	Mason Hutchinson	<u>Sport</u> Tahlia Stone 5/6J
1P	Jaxon Worrell	5/6J	Emily Maynard	
1T	Delilah Cameron	5/6K	Nicola Whitney	<u>STEM</u> Cameron Hardie 5/6K
2H	Oguzhan Say	5/6L	Jacob Purdue	
2R	Dallas Hand	5/6O	Bryson Cawley	<u>Performing Arts</u> Hunter Trimboli Prep P
2S	Vy Ngo			

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# MILDURA SKATE PARK

Hugh King Dr, Mildura

Saturday 30 October | Skate Park Leagues Competition | 11am - 4pm

Sunday 31 October | All Aboard Skateboarding Sessions | 10am - 2pm

**ALL AGES AND ABILITIES WELCOME | FREE | EQUIPMENT PROVIDED**

Book sessions at [skateclub.ymca.org.au](http://skateclub.ymca.org.au)

Comp rego at: [skateparkleagues.com/skatepark-leagues/registration/](http://skateparkleagues.com/skatepark-leagues/registration/)



the

SKATE  
CLUB MILDURA



THIS  
GIRL  
CAN



Register using the QR code or at [skatepark.ymca.org.au/all-aboard](http://skatepark.ymca.org.au/all-aboard)

## DATES TO REMEMBER

**\*\*ALL DATES BELOW ARE NOW ON HOLD PENDING RESTRICTIONS\*\***

<p><b>TERM 3 (12<sup>th</sup> JULY to 17<sup>th</sup> SEPTEMBER)</b></p> <p><b>AUGUST</b></p> <p>Mon 30<sup>th</sup> to 3<sup>rd</sup> Sept Grade 1 &amp; 2 Swimming</p> <p><b>SEPTEMBER</b></p> <p>2<sup>nd</sup> Sept Mini Olympics 3<sup>rd</sup> Sept Grade 2 Sleepover 8<sup>th</sup> – 10<sup>th</sup> Grade 5 Camp to Ballarat Mon 13<sup>th</sup> AFL 9's (Grade 3 and 4) 14<sup>th</sup> – 15<sup>th</sup> Grade 3 Camp to Swan Hill Fri 17<sup>th</sup> Last of Term 3 (2.30pm Finish)</p>	<p><b>TERM 4 (4<sup>th</sup> OCTOBER to 17<sup>th</sup> DECEMBER)</b></p> <p><b>OCTOBER</b></p> <p>13<sup>th</sup> Oct Division Volleyball &amp; Tennis 14<sup>th</sup> Oct Division Basketball &amp; Softball 19<sup>th</sup> – 22nd Grade 6 Outdoor Camp Wed 20<sup>th</sup> Grade 1 Fun Night</p> <p><b>NOVEMBER</b></p> <p>Tues 2<sup>nd</sup> Melbourne Cup Day Public Holiday Fri 5<sup>th</sup> Grandparents Day Wed 17<sup>th</sup> School Concert Fri 19<sup>th</sup> Colour Fun Run 24<sup>th</sup> – 26<sup>th</sup> Grade 4 Camp to Lake Cullulleraine Thurs 25<sup>th</sup> Prep Orientation</p> <p><b>DECEMBER</b></p> <p>Tues 7<sup>th</sup> Grade 6 and Prep Orientation Fri 17<sup>th</sup> Last day of Term 4 (2.30pm Finish)</p>
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