



# Mildura South Primary School Newsletter

## A Positive Education School

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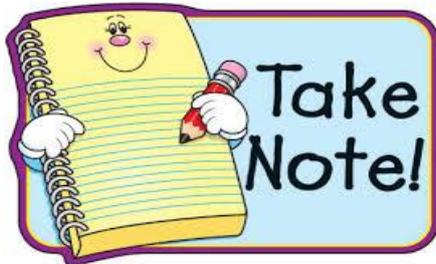
Monday 7<sup>th</sup> December, 2020 Newsletter No. 27



*Please be mindful to demonstrate good road safety to our students. We are thankful to all the parents who use the crossing each morning and afternoon.*

*For those who choose not to use the crossing, we are now asking that you do.*

*Council have informed us that they will be monitoring illegal parking and issuing fines. It is important that we let you know so that we can avoid any fines being issued.*



### PRINCIPAL'S NEWS

**'Mildura South Primary acknowledges the traditional owners of the land as we choose to bring our best selves to school and love the work that we do'**

### PARENTS ONSITE

I am so happy to welcome all Parents back onsite. When inside the school building please continue to wear a mask. When outside on school grounds please continue to practice social distancing.

### ICE BUCKET CHALLENGE

This Friday four staff members will be 'iced' by the House Captains and Leaders of the school. Facebook has a graph that is continually updated so you can see the lucky staff who have been chosen.

As we have 460 students in our school community and we are only permitted 300 in an outside school event so we will be carrying out the Ice Bucket Challenge **twice!!!!**

### December

- |         |  |
|---------|--|
| Thur 17 | Grade 6 Celebration of Strengths Event |
| Fri 18  | Last day of School – 2.30pm finish     |

# Positive Emotions • Engagement • Relationships • Meaning • Achievement

At 2.30pm-2.50pm Grades Prep, One and Two will head over to the stage and dance 'The Nutbush' with the leaders as they arrive. When everyone is ready, the dancing will stop and the 'ice dumping' will take place.

At 2.50-3.10pm Grades Three, Four, Five and Six will head over to the stage and dance 'The Nutbush' with the leaders as they arrive. When everyone is ready, the dancing will stop and the **second** 'ice dumping' will take place.

You are most welcome to join us via WebEx:

**Event:** Ice Bucket Challenge  
**Event address for attendees:** <https://eduvic.webex.com/eduvic/onsage/g.php?MTID=e2fc253ca6094af4268e7bc854da756b7>  
**Date and time:** Friday, 11 December 2020 2:30 pm  
**Event number:** 165 731 9729  
**Event password:** 4389

## 2021 PREP ORIENTATION DAY

Our 2021 Preps will be participating in an Orientation morning on December 8. The students are very confident and familiar with school and they will be showing their adult their classroom, their play spaces and introducing their teacher. I look forward to finally giving the adults of the 2021 Preps a tour of our wonderful school.

There will be one adult visiting on this day per one 2021 Prep student to facilitate us honouring the School Operations Guidelines.

## RETURN OF LIBRARY BOOKS

We are currently carrying out a stocktake on our library and take home books. If you have any books that belong to Mildura South Primary at home we would be very grateful if you returned them to the school as soon as possible.

## GRADE 6 SHIRTS

The Grade 6 shirts will be available this year for \$43.00 and will be in three different styles: Grade 6, Leadership and House Captains. You are now able to order these shirts from Totally Work Wear (Lime Avenue, across from Coles). All orders will go directly through Totally Work Wear Mildura.

Shirts can be ordered from December 1<sup>st</sup> onwards and will be available for pick up in January 2021. Layby will be available. There is also an option to have your child's first name embroidered on the back of the shirt. This will be an extra cost of \$7.00 per shirt ordered.

## TEAM GATES

When entering and exiting the school please continue to use your House team gate.

## 2021 CLASSES

This Thursday December 10, from 10.15am-11.00 am students will again go to their 2021 classroom and spend time with their 2021 classroom teacher and peers.

I would like to thank the staff for the many weeks and hours they have put into the process of creating the 2021 classes. The transition visits have proven to be very successful and 2021 looks like it is going to be a wonderful year.

## VIRTUAL ASSEMBLY

Please join us for our School Virtual Assembly each Wednesday at 2.45pm. Our leaders do an outstanding job facilitating the Celebration of Strengths that our students demonstrate. The link can be found each week on Compass.

## **Building deep emotional connections with children by Michael Grose**

Imagine your child comes to you upset that a sibling or friend has cheated in a game. There are a number of ways to respond, including telling them not to worry “Let it go!” advising them how to handle it “Next time you keep the score.” or empathising emotionally “You must feel disappointed.”

Each is a legitimate response for a parent and teacher to make, but only the latter builds a deep emotional connection. Importantly, the empathetic response builds a child’s or young person’s emotional intelligence as it taps into their ability to recognise current feelings.

### **How emotional connection works**

Children crave to be understood by others, especially by the people they love and respect. When you accurately articulate how a child or young person is feeling you demonstrate that you really care. Strong relationships are formed on the bedrock of care, kindness and compassion.

### **How to give emotional feedback that connects**

Giving accurate emotional feedback to an upset child or teenager takes practice. It requires that you pay attention, move into the present moment, listen to a child and identify the feeling behind their words. High or loud emotions such as anger, annoyance and panic are often easier to identify than low or muted emotions such as worry, discouragement or loneliness.

An effective way to connect on emotional level is to listen to what a child has to say, and then think back to a time you were in a similar situation. Imagine if a child says they feel horrible because their friends laughed at them when they made a mistake in class. Rather than respond immediately, think back to a

time when you made a mistake in front of others and identify how you felt. Embarrassed, ashamed, or annoyed? “I bet that you felt embarrassed and annoyed when your friends laughed at you.” Your child may tell you that you’re off the mark, but they’ll more than likely appreciate the empathy you show.

### **Articulate the positive emotions**

You don’t have to wait until something challenging happens to connect with a child on an emotional level. Accurately mirror positive feelings such as relief (after a stressful situation has passed), enthusiasm (as they begin something they love doing) and chilled (as they put their feet up at the end of the day). We all experience many emotions throughout the day. The ability to accurately recognise and feed share the emotions of children and young people is a wonderful way to build connections of quality and depth.

**Marie-Therese Milani**  
**Principal**

## **OUTSIDE SCHOOL HOURS CARE**

### **Vacation Care**

Notices were emailed to all registered Mildura South families last week to book in for the Vacation Care program. This is a great opportunity to book in before the rest of the community receives their booking form at the end of this week. Please take advantage of this to avoid missing out! There is also a 2021 OOSH Enrolment Form that is to be completed and returned with the booking form. Enrolment forms are to be completed annually by all families attending our service to retain current information and to comply with National Regulations.

### **Important Dates**

The last day of term is Friday 18th December. Please note that the OOSH program will be closed

over the Christmas/New Year period.

The Vacation Care program will commence on Monday 4th January 2021 through until Friday 22nd January 2021 from 8am until 6pm.

Monday 25th January - OOSH program closed

Tuesday 26th January - OOSH program closed

Wednesday 27th January - OOSH program open from 8am until 6pm

Thursday 28th January - School commences for all students

Before and After School Care sessions commence on this day continuing for the term (6.45am-9am / 3.30pm-6pm)

### Reminders

Hats - all children attending our programs require a hat for outdoor play, please pack a spare hat in their bag. The hats can remain in the OOSH office if you wish to keep them here.

Fees - these are emailed every Friday morning for the current week of care.

Payments can be made over the phone with Credit Card or in person with cash or Eftpos. Alternatively, you may set up a direct debit using a credit card, please see either Kerri or Kylie to set this up.



### CELEBRATION OF STRENGTHS

<b>PB</b> Summer Stewart	<b>4H</b> Kamika Fell
<b>PH</b> Kobe Mitchell	<b>4L</b> Zailee Grennan
<b>PK</b> Grace Stowe	<b>3/4O</b> Josephine Davy-Watts
<b>1L</b> Ethan Davis	<b>5/6B</b> Jaxan Taylor
<b>1P</b> Talei Veiqaravi	<b>5/6K</b> Georgia Kent
<b>1S</b> Emiko Gardner	<b>5/6S</b> Colby Marr
<b>2B</b> Luisa Filimoehala	<b>5/6T</b> Elyse Liddicoat-Hill
<b>2H</b> Kiara Hawkes	<b>5/6W</b> Peyton Chilly
<b>3J</b> Olivia Kent	<b>5/6Z</b> Zaihli McCafferty
<b>3M</b> Jakoda Kennedy	

### PERFORMING ARTS AWARD

Mansirat Kaur 3J

### DIGITAL TECHNOLOGIES

Tom Helms 5/6K

### VISUAL ARTS AWARD

Logan Hawkes 4L

### SPORT AWARD

Lachlan Smith 5/6S

### STEM AWARD

Kayla Stone 5/6Z

### ITALIAN

Lillian Edwards 5/6Z

### PIANO

Angus Breeze 4L



### SINGING TUITION

Singing lessons will be available for all grades in 2021 with Andrea Soebardi.

Please call into the school office for an expression of interest or contact Andrea directly on 0412 579 365



### GUITAR LESSONS

Expressions of Interest for Guitar lessons at Mildura South Primary in 2021 are invited for new and current students.

To register your interest for Individual or Group Guitar Lessons call or text Iwan Soebardi directly on 04189 19220 with your email address. Or email

[iwansoebardi@gmail.com](mailto:iwansoebardi@gmail.com)



### HOLIDAY PROGRAM

Tennis Mad is running a tennis clinic these holidays. Come down and let us teach the kids this fantastic game which they will have for life.

It's a chance to introduce the kids to tennis or an opportunity for them to brush up on the skills that they have already acquired. It all happens in a fun and inclusive environment and we cater for all ages and standards.

**Clinic & Dates**  
**9.30am - 12pm - Clinic**

**Wednesday 16<sup>th</sup> Dec - Friday 18<sup>th</sup> Dec.**  
**@MILDURA LAWN TENNIS CLUB**

Cost is \$130 for the 3 days or \$50 per morning with morning tea  
Bookings  
Contact Bill Madafferi  
At 0419572210

KOORIE ACADEMY OF EXCELLENCE

# VIRTUAL ART EXHIBITION



**Koorie**  
ACADEMY OF EXCELLENCE

**JOIN US IN CELEBRATING NAIDOC WEEK 2020**

In collaboration with Whittlesea/Banyule Nillumbik Tech Schools and Aboriginal artist, Emma Bamblett, the Koorie Academy of Excellence is proud to launch the **KAE Virtual Indigenous Art Exhibition**.

**LAUNCH EXHIBIT HERE**

<https://bit.ly/kae-wts-exhibition>

Desktop viewing recommended. Click play for a guided tour upon entry



This exhibition showcases the artworks created by students throughout the recent KAE Virtual Indigenous Art Holiday Program, which was held over three days in the September/October school break. Twenty plus KAE members shared in knowledge about art, culture, our stories, land and history, whilst discovering their inner artist and gaining digital design skills.

Please visit the exhibit and share it with your friends, families and networks to showcase the talents of our KAE members and to help us celebrate NAIDOC Week 2020.



**Always Was,  
Always Will Be.**  
8-15 NOV 2020

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TECH  
SCHOOL

VAVEN

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Education  
and Training

KAE.NWVR@education.vic.gov.au  
KAELO Contacts

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North-Western Victoria Region  
Melbourne Metropolitan Area  
Coburg Regional Office  
Level 2, 189 Urquhart Street  
Coburg VIC 3058  
1300 338 691



**Koorie**  
ACADEMY OF EXCELLENCE



## JUNIOR DEVELOPMENT PROGRAM (NIPPERS)

Nippers is a junior program that introduces children aged 5 to 13 to lifesaving. For children who love the water and having fun, Nippers is the perfect way for young swimmers to learn how to stay safe while enjoying the water.

The program equips children with vital water safety skills, while introducing them to new friends and helping them develop a sense of community and belonging. Activities are tailored for different age groups and include a variety of lifesaving activities such as surf education, beach activities, board paddling, swimming, wading and running.

## LEADERSHIP DEVELOPMENT PROGRAMS

As a member of a life saving club you also have the opportunity to participate in a range of professional development programs. The programs on offer include those both within lifesaving and the broader emergency service network and aim to develop both current and future leaders within the lifesaving movement.

### HOW DO I JOIN?

To find your local life saving club or for more information on lifesaving, visit: [www.lifesavingvictoria.com.au/join](http://www.lifesavingvictoria.com.au/join)

### WHEN IS MY BEACH PATROLLED?

Visit: [www.beachsafe.org.au](http://www.beachsafe.org.au)

### LIFE SAVING VICTORIA

[lifesavingoperations@lsv.com.au](mailto:lifesavingoperations@lsv.com.au)  
Tel: 03 9676 6930

Mildura Life Saving Club

Club Captain  
Adrian Adams  
0419 514 861



# GET INVOLVED SAVE LIVES



Become an everyday lifesaver



## LIFE SAVING VICTORIA

An iconic organisation steeped in tradition, Life Saving Victoria (LSV) and its members are dedicated to keeping our community safe around water.

As the recognised provider of volunteer patrols at Victorian beaches, life saving clubs are always looking for new members who are committed and are keen to make a difference.

Without our dedicated volunteers, LSV would be unable to offer essential lifesaving services across Victorian waterways.

## WHO CAN BECOME A MEMBER OF A LIFE SAVING CLUB?

You don't have to be a swimmer to become a member. LSV is an inclusive organisation where there are opportunities for everyone to get involved.

If you love the beach, are keen to develop lifelong skills and want to contribute to the safety of our beaches, visit your local life saving club and become a member!

## WHY SHOULD YOU JOIN?

- Enhance your aquatic education knowledge
- Gain nationally recognised qualifications
- Develop skills that can save lives
- Create new friendships
- Family oriented culture
- Opportunities to improve health and fitness
- Develop communication, interpersonal, leadership and co-operation skills
- Enjoy social opportunities



## LIFESAVING COMPETITION

Competitive lifesaving provides opportunities to further develop lifesaving skills and fitness, in an inclusive, fun and encouraging environment for the participants and their families. Competition caters for members as young as 7 years old, with events for all skill levels. There are three main areas of competition; beach, pool and inflatable rescue boat (IRB). These competitions are conducted at different times of year and offer a range of individual and team disciplines.

## PATROLLING

After completing surf skills, rescues and first aid training, you will be ready to be a part of the widely recognised 'between the flags' beach patrols.

LSV is also an essential member of the state's emergency services. These vital emergency response services offer members further opportunities to progress into other lifesaving services beyond the beach.

**Positive Emotions • Engagement • Relationships • Meaning • Achievement**



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