

POSITIVE EDUCATION SCHOOL

Monday 3rd September, 2018 Newsletter No. 27
(There is 1 insert in this week's Newsletter)

DIARY DATES

Term 3

Wed Sep 5	District Mini Olympics
Fri Sep 7	Book Week Parade
Mon Sep 10	Grade 6 Camp
Tues Sep 18	Grade 3 Camp
Tues Sept 18	Mildura District Gala Sports Day
Wed Sept 19	Prep Open Day (4.00pm to 5.30pm)
Fri Sep 21	Last Day of Term (2.30pm Finish)



PRINCIPALS NEWS

“We choose to bring our best selves to school and love the work that we do”

Book Week Dress-Up Day

Friday September 7 'Find Your Treasure'

This is always an event where we have lots of fun. We will begin the day with a school parade at 9.25am so that students can share their costumes with one

another and our families. Please feel very welcome to join our celebration of literature, the more the merrier.

Grade 6 Interactive Book Launch with Grades 1 and 2

The Grade 6 students have been working very hard on creating interactive books and they will be launching their final products on Thursday, sharing their books with Grade 1/20. I look forward to reading some of these stories with the students.

Literacy and Numeracy Tips to help your child every day

The Department have published a helpful booklet to assist families who would like to carry out some Literacy and Numeracy activities at home. If you are interested go to the following website:

https://www.education.vic.gov.au/Documents/school/teachers/teachingresources/discipline/english/literacy/LiteracyandNumeracyTipstoHelpYourChild_Final.pdf

CONGRATULATIONS

Congratulations to Melanie Davies and James Paterson on their upcoming wedding. We wish them every happiness for their future together.

LAST DAY OF TERM

PERMA – You are special because day.....

As a way of celebrating our Positive Education culture at the end of each term we will be having a PERMA Day, coming to school with positive emotions and building relationships. Each PERMA Day will have its own theme. This term the theme is: .You are special because.....

Positive Emotions Engagement Relationships Meaning Achievement

The staff and students can choose to come to school dressed as someone they believe is special to them. They may come as their mum or dad, a grandparent, a person they look up to, a celebrity, a sports person, a teacher or a friend. We are going to take the opportunity on this day to tell people why they are special to us.

CAMPS

Grade 2 Fun Day and Sleepover

The Grade 2 students had a terrific Fun Day and Sleepover last Friday. In the afternoon they played Ten Pin Bowling and visited Park for Play. The day was complete with a sleepover at school. Thank you to the families for preparing their children for their first school sleepover. I am very grateful to all the staff who organised, prepared and attended the Fun Day and Sleepover.

Grade 6 Camp

On Monday September 10 the Grade 6 staff and students will be heading off to Adelaide. I will also be participating in this camp and Mrs Newstead will be Acting Principal throughout this week.

Grade 3 Camp

On Tuesday September 18 and Wednesday September 19 the Grade 3s will be visiting Swan Hill.

The Beat

This week the students who have been practising throughout lunch times and recess will be performing their item at the Beat. Thank you to Mrs Tregeagle and Miss Bicker for the time they have given to rehearsals and thank you to Mr Barbary and Miss McGann for doing duty at the Arts Centre for us. Mrs Kingsley and I will be attending on Wednesday night and we are both very excited!

Variety Night

On September 20th at 6:30pm, some of our students – both current and former – will be showcasing their vocal, musical and dramatic talents in a Variety Night. Our instrumental students have all been learning pieces to perform, with older students mentoring younger as well as some ensemble learning. The choirs have been joined by new singers and will be reprising some of their Eisteddfod songs. We also have some

actors who have been rehearsing skits to share with us. We are also lucky enough to have some ex-Southies coming back to show us where their MSPS foundation has taken them.

Please come along and enjoy the performances – all welcome.

Mondays with Mrs Milani

Please don't forget that I am in the staff room each Monday morning from 9.00-9.30am with a coffee and some biscuits hoping that you will come in and have a chat. Please feel very welcome.

Prep Enrolments

Enrolments for 2019 have begun. If any of our families have Preps starting next year please contact the office for an appointment. If you know families that live in our neighbourhood area and they have a Prep for 2019, please encourage them to make contact with the school.

FINDING MEANING (The M in PERMA)

As humans we desire meaning and purpose in our lives. We want a reason for what we do and we want it to matter. The meaningful life consists of belonging to and serving something that we believe is bigger than ourselves (Seligman, 2011). When we have a sense of meaning and purpose – we are happier, more motivated, more committed and more satisfied. To find meaning we need to work out what our highest strengths are and use our strengths in the service of something we believe is larger than we are. We usually draw meaning from multiple sources, including family and love, work, religion, and various personal projects (Emmons, 1997). To find meaning we need to look for the positive difference we are making for others in our daily lives. How we think about the task we are doing, is more important than the task itself. For example, a cleaner at the hospital could feel that they are just sweeping floors and emptying bins; another might think they are working a job that will pay their bills and feed their family, another might think they are building a career that will lead to other opportunities and yet another might feel that they are fulfilling a calling that helps people to recover from illnesses by ridding the hospital of germs.

Positive Emotions Engagement Relationships Meaning
Achievement

Description of Positive Education Practice: Make the mundane meaningful (Kern & McQuaid, 2017)

1. Think of a task that you find meaningless. It might be doing your chores, it might be a subject at school or time spend doing something you didn't choose.
2. Now ask yourself "What could be the purpose of this task?", "What would happen if I didn't do this task at all? (or if no one ever did this task?)" and "How could this task possibly help me in the future, or how could it help someone or something else?"
3. Write down all your answers so you can see the bigger value of a little task.

Main message:

"It's not what you do, but how much love you put into it that matters". Rick Warren

Marie-Therese Milani
Principal

BEBRAS CHALLENGE

This week students in grades 3-6 will be participating in the Bebras Challenge. The challenge includes a range of maths and computational thinking based questions that students work through individually or in a team of up to 4. Groups who are able to successfully complete all challenge questions will be added to the Bebras Honour Roll. Parent permission is required for students to participate, please make sure all notes are returned promptly

JUST A REMINDER

Any notes or money that are returned to school should be placed in a zip lock bag or envelope and clearly labelled as to what the money/note is for and left in the **DROP BOX** at the Office.



ART AWARDS

Grade 4 – Calm Water Colour Painting

4W

Jaymin Archer
Sevval Koysal

Milla Moloney
Gracie Monaghan
Xander Osborne
Isayah Thomas

4D

Leni Curran
Sienna Frasca
Tugce Say

Talarah Smith
Ethan Thouliss
Aathana Jeyakanthan

4Z

Mia Berryman-Connolly
Victoria Karallis
Aylah Owens

4N

Paige Cavanagh-Cook
Charlie Puafisi
Abby Tschirpig



WORKERS OF THE WEEK

PB Motasir Najafi	4D Callan Thomas
PH Talei Veigaravi	4N Breanna Johnson
P/1K Harper-Lee Jackson	4W Isayah Thomas
1J Alexander Skipsey	4Z Sana Abdullah
1R Liahm Rose	5B Justin Kaassamani
1/2O Fletcher White	5K Jacob Price
2S Kyung Woo Kim	5W Coby Dodd
2T Dylan Hanstock	5/6S William Hemmes-Windsor
3M Zach Wilson	6B Shakira Greenaway-Mitchell
3N Layla Connors	6H Sofia Puerto
3T Tully Dean	6R Emma Casale
3/4R Quinn Mitchell	6W Tanika Russell

SPORT AWARD

Xavier Erskine 3/4R

PERFORMING ARTS AWARD

Omid Ataye 1R

ART AWARD

William Maynard 4W

BAND AWARD

Ethan Wild 5W

The school holiday program plan is created by the staff and children with approval from Mrs Milani. Activities these holidays include arts and craft, hip hop, footy day, teddy bear picnic, excursion to Bupa Aged Care, scooter and bike day, first aid and an 80's dress up day.

We have been busy at After School over the last couple of weeks making home-made sherbet, paper plate faces, bookmarks and Father's Day craft.

A reminder that as of next term all children attending After School Care will require a hat for outdoor play. Please pack a spare hat in your child's bag.

All Before and After School Care fees plus the first week of Vacation Care fees are to be paid by the end of term.

Before and After School Care: we have places available each day for these programs. Please contact the OSHC office to make a casual or permanent booking.



PARENTS CLUB

Fathers Day Stall and Raffle

Parents Club had a great day helping out students on the Fathers Day Stall. Thank you to everyone who helped out.

We had some great raffle prizes. These included eskies, a leaf blower, massage voucher and chocolates !! Thanks to everyone who donated and purchased tickets.

Raffle Winners will be published in the next Newsletter.

Thanks to all our Southie families for supporting all our fundraisers which in turn benefit all our students.

Lyn Bozzi
Parents Club President

OUT OF SCHOOL HOURS

Vacation Care notices have been sent out to all registered families last week. Places are limited and are filling up fast!! Copies are also available from the OSHC office. If you would like to book in for the school holiday program, please email oshp@msps.vic.edu.au or contact 5018 6028 for more information.



BRAINTEASER

This week's Brainteaser:

Where are the Grade 6's going for their camp next week?

Your answer:.....

Your Name:.....

Your Grade:.....

Cut out this box with your answer, name and grade and place it in the brainteaser box at the front office. Each week, one lucky entrant will win a prize! ☺

Last Week's Winner: Chelsea Carusella
3N

Answer: Sydney Swans