

# POSITIVE EDUCATION SCHOOL

Monday 25th June, 2018 Newsletter No. 19  
(There are 2 inserts in this week's Newsletter)

## DIARY DATES

### Term 2

Mon Jun 25	NAIDOC Week
Thu Jun 28	Reports Go Home
Fri Jun 29	Ice Bucket Challenge
Fri Jun 29	LAST DAY OF TERM – 2.30PM FINISH

### Term 3

Mon Jul 16	First day of Term 3
Thurs Aug 2	Pupil Free Day – 3 Way Conferences
Wed Aug 15	Sports Day



## PRINCIPALS NEWS

**“We choose to bring our best selves to school and love the work that we do”**

### NAIDOC WEEK

Tomorrow we will be celebrating NAIDOC week as a school community, acknowledging country at 9.15am. The Aboriginal and Torres Strait Island flags will be displayed throughout the rest of the week. Students will carry out activities with their peers and teachers. Grade 4, 5 and 6 students will be experiencing a very

performance: ‘The Choolburra Show’ which is a celebration of Koorie culture on Thursday June 28.

### Sausage Sizzle

Thank you to everybody who assisted with the Junior School Council Sausage Sizzle today, particularly Harry Walker’s mum and dad who donated 300 sausages! The money raised from this event is going towards the cost of the Grade 6 Camp. I am so grateful for the way we all come together to help each other and ensure our camps are affordable and inclusive. Thank you!

**PERMA Day – Last Day of Term – A VERY BUSY DAY!  
DISMISSAL IS AT 2.30pm on Friday June 29, 2018  
Buses on the last day of school**

On Friday June 29, 2018 all school bus afternoon runs will commence **one hour earlier** than a regular school day **due to the early dismissal time at 2.30pm.** Students and Staff have once again worked very hard this term. We have achieved a great deal and I know we all feel very proud of our success. The teachers will be having a ‘**PERMA kind of day**’ with their students this Friday, the last day of term to celebrate the positive emotions they feel as they continue to grow positive relationships with one another. The **Ice Bucket** challenge will be taking place on the outdoor stage and you are all welcome to come along and join in the fun at **2.15pm** this Friday. Money raised is going towards the Grade 6 camp. **The students are permitted to wear casual clothes on this day.**

### Cookie Dough Pick Up

A great big thank you to the Parents’ Club and all of our families that have organised and supported this fundraiser. The Parents’ Club work so hard on

fundraising, allowing the purchase of some wonderful resources for our students.

The Cookie Dough pick up will take place in the School Gym, this Thursday June 28 at the end of the day. Children will not be able to pick up their order, only adults.

### **Singing Lessons**

Andrea Soebardi will be returning to Mildura South Primary in Terms 3 and 4 on Thursdays to carry out private singing lessons. We welcome Andrea back to our school community and look forward to seeing her amongst us again. If you are interested in your child receiving singing lessons please come and collect an expression of interest form from the front office.

### **Staffing**

Mrs Kate Pettit will be commencing maternity leave on Friday July 20. I would like to thank Mrs Petit for her generous daily contributions to our school community and wish her and her family very well as they continue to grow and flourish.

We will be welcoming Mrs Lisa Hayes back to our staff on a part time basis. Mrs Hayes will be teaching each Monday in Mrs Ough's room to facilitate the continuation of our coaching program in the school. It is lovely to have Mrs Hayes around the school again, we have missed her.

Mrs Tate Belej and Mrs Rowena Humphris are increasing their teaching days for the rest of the year. Thank you to both of these teachers. Mrs Belej will be teaching 6B Mondays, Tuesdays, Wednesdays, Thursdays and Mrs Humphris will be teaching 6B on Fridays.

### **Reports**

Reports will be going home this Thursday on June 28. I would like to acknowledge and thank the teachers for their diligence, commitment and professionalism in the way they have completed the report of each individual student.

**As this is our first report using the Compass platform, the growth line usually visible in the Victorian Curriculum section will not appear in the Semester 1 reports. The growth line will appear in the Semester 2 reports.**

Three-way Conferences will be conducted in Term 3 on Thursday August 2<sup>nd</sup>. This will be a pupil free day

to allow for the Conferences to run from 8.30am-6.00pm. Your child will be required to attend the Conference with you and the classroom teacher. There will be child minding available to assist families.

### **Eisteddfod**

Last Monday our Grade 1 and 2 Choir performed in the Eisteddfod and achieved second place. Our Grade 3-6 Choir also performed and achieved an Honourable Mention. At Assembly last Wednesday the two choirs performed for the school community. It was a very proud moment for me as I watch and listened. Our students do us proud each day and again I would like to thank the choir, Miss Bicker and Miss McGann for all the hard work and preparation they put into the outstanding performances. Thank you also to Mrs Siladi for accompanying the choirs on the day. Congratulations also go to Tom Norton and Zhoe White for receiving an Honourable Mention in the 10 years and under pianoforte duet.

### **Regional Finals – Hockey and Football**

We had three teams represent Mildura South Primary in the Regional Finals last Tuesday. Our Girls Hockey and Girls Football teams did us proud. They played three games, had a terrific time and while not winning any games showed terrific teamwork and skill. Our Boys Football Team also had a good time showing great teamwork and skill, winning all three games. They will now go to Swan Hill in August and we are all behind them encouraging them to keep that practise up at lunch time and recess. I am particularly enjoying this footy season!

### **School Uniform**

Lowes is currently selling our school polo for: 2 for \$40.00. They have a large amount of stock and are looking to move it quickly.

The school are currently looking at updating the school polo in 2020. There is a considerable process to go through and I will keep you informed. Importantly I need the school community to understand that the current school polo will always be able to be worn. The updated version will be 50% cooldry and 50% polyester. Both polos will complement each other.

### **THANK YOU AND HAPPY HOLIDAYS**

I would like to take this opportunity to sincerely thank staff, students and every family for the support, trust and collaboration that takes place each day. As a community we all take great pride in our work and we know what a privilege it is to share the learning journey with our students and their families each day. Please have a wonderful time together these holidays. Relax, stay warm, have fun and prepare for yet another busy, happy and successful term in Term 3.

#### **Hopeful children are happy children Dr Justin Coulson**

Think of two children who you have regular contact with: one who is resilient and happy, and one who is struggling and languishing. Imagine you are interviewing each of them and you ask them to rate their response to these six questionnaire items:

- I think I am doing pretty well
- I can think of many ways to get the things in life that are important to me
- I am doing just as well as other kids my age
- When I have a problem I can come up with lots of ways to solve it
- I think the things I have done in the past will help me in the future
- Even when others want to quit, I can find ways to solve the problem.

Chances are that the child who is resilient will respond affirmatively to these items. The child who is struggling is more likely to say 'no' than 'yes'.

These items form the basis of the internationally-recognised Children's Hope Scale that is used to assess the hopefulness of children and teens. Hope is a critically important predictor of their wellbeing and resilience.

### **Understanding hope**

Psychologists say a person has hope when they believe that they can find ways to achieve their goals and to motivate themselves to try and follow those

ways and meet those goals. Hope theory suggests we need three things to actually have 'hope':

- goals: something we are aiming to achieve in the future
- pathways: at least one way (and hopefully more than one) that we might follow to achieve those goals
- agency (sometimes called efficacy): the belief that we can actually make things happen along those pathways in order to meet the goals.

### **Hope or optimism**

Hope sounds a bit like optimism. We hope good things will happen ... so we're optimistic. But there's more to it than that.

While optimism is the belief that good things will happen in the future, and the sense that the glass is half full, hope is about taking that optimism, making it goal oriented and putting legs on it to make things happen.

And while optimism is great for boosting wellbeing and can act as a useful tool for inoculating people against depression, it seems hope does it better. This may be because while optimism is a positive mindset, hope is about action.

In contrast, if you don't have hope, you're, well, hopeless. That's related to all the things we don't want for our children. Hopeless children don't try, have poor relationships and feel helpless. They don't achieve goals, often because they don't set any. And when they do set them, that's where it stops because they don't have enough hope to find ways to achieve those goals.

### **Encouraging children to be hopeful**

Parents who want to instil hope in their children can try the following three ideas:

# Positive Emotions   Engagement   Relationships   Meaning Achievement

## Build a future focus

Speak to your children about their possible futures. What do they want to achieve, and why? Have them imagine their potential best selves. Talk to them about what they're looking forward to. Ask them what they want to have, do and be.

## Work with them on plans (or pathways)

When your child or young person says "I want to be a marine biologist", be encouraging and then ask them, "What do you need to do to get there?" Discuss pathways, options and possibilities. Thinking about the future and making plans is central to fostering hope.

## Help them solve problems

When your child or young person is stuck, instead of giving them an answer, ask them, "What do you think is the next best thing to do?" or "When have you overcome something like this before?" This type of question promotes a sense of agency or efficacy. Rather than having our children rely on us for all the answers, they can rely on themselves, their resourcefulness and their initiative. They can recall times they've succeeded before and use that to build hope that they can succeed again.

As parents, our wish for our children is that they will grow up happy and resilient. Our wish can become 'hope' when we use these three keys to build hope in them as they look towards the future.

**Marie-Therese Milani**  
Principal



## ASSISTANT PRINCIPALS NEWS

### Problem Solving in Maths

In order to encourage further problem solving at home, I will include a weekly problem in the newsletter. Each week a correct entry will win a fantastic prize.

Just write the answer on a piece of paper with your name and grade and drop it into Mr Kent's office each Wednesday.

Answer:- **Mr K's Problem No 16**

All 540 students at MSPS were served 100ml of ice-cream. How many one litre tubs of ice-cream were served?

Winner: Chase DS

Grade: 4Z

Today's problem:- **Mr K's Problem No 17**

A DOT painting had 800 dots on one fifth of the painting. If the painting was covered in dots, how many dots could be on the painting?

Name:

Grade:

## Maths Awards

MathsOnline Awards are presented at Assembly each week.

This week's winner is **Noah Venneri 6B**.

MathsOnline provides over 1400 tutorials that last around 4-9 minutes. The tutorials present maths concepts, step-by-step, with synchronised audio and animation. This **harnesses both audio and visual learning styles**. MathsOnline lessons can be studied at home or at school, on all devices.

Students from Grade 1 to Grade 6 have their own unique password for access at home. Please see your child's teacher. Go to-

<https://mathsonline.com.au/>

**Roger Kent**  
Assistant Principal



Compass

at Mildura South PS

**Any parents that haven't collected a letter with their Compass log-in details will receive it with their child's report. Reports will be sent home on Thursday 28<sup>th</sup> June, 2018.**

**ATTENDANCE EMAIL**

The School's attendance email of [attendance@msps.vic.edu.au](mailto:attendance@msps.vic.edu.au) is no longer in use. For any absences please telephone the office on 50232148 or alternatively use the School's new parent portal COMPASS. You will find further details of COMPASS in a separate article.

**JUNIOR SCHOOL COUNCIL**

**Ice Bucket Challenge**

The Ice Bucket Challenge will be on the last day of term Friday the 29th of June at 2:15pm on the mound. This is the students chance to ICE their favourite teacher. Each teacher will have a jar to donate into. Students can bring in money from the 14<sup>th</sup> of June. The four teachers with the most money will have a bucket of icy cold water tipped on their heads.

**SPORT NEWS**

**Division Lightning Premiership**

Congratulations to all of the students in grade 5/6 who represented the school at the Division Lightning Premiership which was held on Tuesday 19<sup>th</sup> June. Our girls hockey and football teams tried hard all day but were narrowly defeated in all of their games. The boys football team played extremely well and managed to win all of their games. As a result the team has now progressed through to the Regional Finals which will be held in Swan Hill on August 7<sup>th</sup>. Thank you to all of the parents who supported the teams on the day.

**STRONGER SMARTER**

Each week a Stronger Smarter message will be in the newsletter. Students and teachers will be focusing on the quote in their classrooms. It will be based on positive learning and building high expectation relationships.

This week's Stronger Smarter Message

**Kind People  
Are my Kinda People!**



**ART AWARDS**

Grade 5 – Initial Letter

5K  
Isabella Aloisi  
Grace Erskine  
Ella Kenyon  
Jacob Price

5W  
Jeffery Byrne  
Krystal Cunningham  
Lindsay Slade

5/6S  
Fatima Bostan  
Brock Hand  
Aimee James  
Isabela Skipsey

5B  
Rose Dhillon  
Ebony Nichols  
Josh Puleio  
Edasu Sengal



**WORKERS OF THE WEEK**

PB Dante Finna	4D Chloe Hester
PH Ruby Pullen	4N Colby Marr
P/1K Tazzy Grennan	4W Milla Moloney
1J Thomas Maynard	4Z Mia Berryman-Connolly
1R Emmie Willsmore	5B Vanessa Englefield
1/2O Olivia Kent	5K Lochie Sherwell
2S Angus Breeze	5W Paris Scullino
2T Evie Atkinson	5/6S Roxi Peters
3M Maddi Catalano-Johnson	6B Tom Staker
3N Ruby Spanos	6H Malakai Williams-Rigby
3T Ryan Mendoza	6R Isabella Black
3/4R Caelan Fulton	6W Emma-Ann Rose

**SPORT AWARD**

Kyah Watson   6W

**PERFORMING ARTS AWARD**

Mia Dean, Zhoe White, Shion Garder,  
Sienna Dalla Santa and Grace Erskine

**SCIENCE AWARD**

Bailey Crump   3N

**ART AWARD**

Jaxon Hardie   1J

**BAND AWARD**

Vanessa Englefield   5B

**PARENTS CLUB**

**Cookie Dough Fundraiser**

All Cookie Dough orders can be collected from the school gymnasium on Thursday 28th June from 1:00pm. Thanks again to all our families and to Janette for all her great work! Prizes will be back after the holidays.



**General Meeting**

Our next General Meeting will be on Monday 23rd July 9:00am in the Parent's Room.

Parents Club wish everyone a safe holiday and look forward to Term 3.

**Lyn Bozzi**

**Parents Club President**



**TENNIS LESSONS**

Hooray the tennis courts are ready to play. TennisMad is now ready to run tennis lessons before school and you can now book in for Term 3. Using our online system you can visit TennisMad's website and follow the simple instructions to book your child in. Otherwise you could use the link below

<https://www.classhub.com.au/provider/tennismad/2018/3/?venueId=2>

Thanks and hope to see the kids on the court.



**BRAINTEASER**

**This week's Brainteaser:**

**Which big country is closest to New Zealand?**

**Your answer:.....**

**Your Name:.....**

**Your Grade:.....**

Cut out this box with your answer, name and grade and place it in the brainteaser box at the front office. Each week, one lucky entrant will win a prize! 😊

Last Week's Winner: Kobi Paynting 4D

Answer: Four